



This report is dedicated to those mighty goats who fight valiantly for the freedom to speak their mind.

First Edition



A pretty face gets old, a nice body will change, but a good woman will always be a good woman.

"When my Mom got married, she was a bit overwhelmed at times by all of the stuff that needed doing. She was not much of a cook, either.

"Fast-forward forty-ish years later, and now my Mom keeps a beautiful home and her cooking is better than anyone else I can name. The point is to keep learning! It is worth the effort. As time goes by, you will eventually find that your skills have grown exponentially and you are really great at it."

Use your pretty years to secure a great husband and start a beautiful family.

You'll be glad you did.

An easy way to separate yourself from the crowd is by dressing modestly.



Be the kind of wife that makes a house a home. Even if you're starting from scratch, just keep learning a little something new each day.



Beautiful, smiling, white, and fit. These are the core tenets of a traditional wife.



It is okay to stay debt-free, get married, and depend on a good man to provide for you and the children you have together. It really seems like getting a degree is a trap for women. Once you are in student-loan debt, you feel like the option of becoming a stay-at-home mom is off the table, and so you either delay the kids you want (sometimes for so long you miss the opportunity to have children at all), or let strangers raise your kids and miss out on so many wonderful things during you children's formative years. That is an awfully high price to pay, especially when so many women are going to college just because 'that's what you do after high school'.

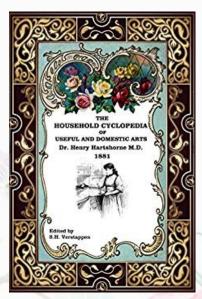
I also see a lot of women who, after becoming accustomed to a challenging job or an academic setting, complain about feeling a loss of identity from parenting a young baby. They have basically spent their whole life training for the wrong job, learning the wrong skills, and reinforcing the wrong personality traits in themselves. It is very sad.

Stay at home. Be a mom.

It's ok to stay!



Days are long, but the years are short.



Household Cyclopedia
(click to download)



Classic hair styling techniques will not destroy your hair (avoid dying).

Bring back beauty, femininity, grace, and poise.





Dressing modestly is a virtue.

"I want my daughter to know she is worth more than a one night stand, and that she deserves to be treated with love, dignity, and respect. I want her to understand that relying on her looks is a fool's game and that her value lies not her beauty, but in her wisdom, virtue, knowledge, and skill. When girls know their value they make better choices."



Choose your friends wisely. Do not let sluts and drunks into your circle. They are corrosive.

"I grew up in a destroyed family. I watched as my other classmates with traditional families achieved higher goals, were more stable, and were overall nicer people. I would never want my kids to go through what I went through. Divorce and broken families may not seem that big of a deal, but it is by far the worst crisis in America.

"Being a traditional wife is at no means oppressive, it is simply the right thing to do if you want great kids, a great home, a great husband, a loving family, and ultimately, a great country."

Ladies, do not ever be emotionally, verbally, or physically seductive to anyone except for your husband. There are no excuses for this...ever. This includes flirtatious texts, glances, and sharing sensual images. If you find yourself looking for approval and validation from anyone besides yourself and your husband, you are on a very deadly path.

Your feminine softness, tenderness, and sensual passion belong to your husband - he owns that part of you. Your husband's protective, sensual and sexual aspects of his masculinity belong to you. You own that. DO NOT CROSS THIS LINE! If you do, if you allow this, you will slip towards infidelity's abyss.

Femininity is your incomparable power and influence to do good. Be proud of your womanhood. Work to enhance it and use it to serve others.





Dressing modestly attracts the right kind of people in to your life.

If you still have grandparents around, visit them often. Take your kids with you, listen to them and spend time with them. They may be old, but they are still young at heart, and they get lonely just like everyone else.

If you want to be unique, try being pleasant, respectful and chaste. Slutty, arrogant and bitchy are tried too often.



"When I saw that my husband was unmotivated to do some basic tasks, I became worried for him. My worrying turned into accusing him of being unmotivated. The moment I found myself doing this I stopped, took a step back, and thought of a few helpful tips on how to talk to your man without belittling him.

"Instead of 'lawyering up' and citing all my evidence of him being unmotivated, I reframed my thoughts in a gentler tone, explained that I was simply worried he was not prioritizing his own needs because I knew when he put off these tasks, it made him feel even less energized and less happy.

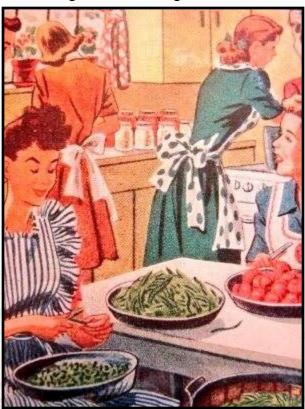
"Instead of an argument (which would have been started by me being accusing), he said, 'You know, that is a good point. You are right. I would feel a lot better if I just got up and got started on this.' I was amazed!!

"It never fails to astonish me that this gentle 50's wife figure was not as naive as I was told she was. Traditional wives really know how to get things done without a fuss!"

## How to be a Beautiful Woman

- Be thin
- Be able to cook
- Have long hair
- Wear make-up
- Be feminine
- Be graceful
- Be sensual
- Shave
- Be fashionable
- Wear pink and feminine colors
- Love men
- Listen to men
- -Do not get into debt
- -Do not be a slut
- -Do not hang out with sluts
- -Do go to church
- -Do seek a good man
- -Do lay off the booze, birth control, cigarettes and cake: prepare your body to bear healthy children

Invite neighbors and other moms of young children into your home and do projects together. Feeling isolated is not good for the soul.



## Things that my mother taught me about being a pleasing wife:

-Never let your husband see you completely naked. Creating mystique and allure is important. So, if you're topless, be sure to be wearing panties. Always wear something, even if it is just a scarf on your neck,. You always want to leave him wanting to see more. Try to leave something to the imagination. We are in this for the long haul.

-During your marriage, you only have three times when you can refuse your husband sex. Use these times wisely and only for true headaches. If he does not get it from you, eventually he will find it somewhere else.

-Before your husband comes home from work, freshen up. Not only does that mean put on a little lipstick and comb your hair, but also wash your nether regions so you are prepared if he is in the mood. Always keep your lady parts very clean, groomed, and ready to go.

-Wearing unattractive or stained undergarments is never okay. Always be feminine. Own several sexy robes. Those authentic Chinese Silk embroidered ones are great and very heavy and very lush.

-Be willing to try new things in bed. It is okay if it doesn't work out; just be able to laugh at yourselves when that happens. You never know, you may find something new that turns one or both of you on.

-Keep your skin moisturized and your hands and feet groomed. Do not neglect your face, neck, and chest.

-Stay out of the sun and always wear a hat. Suntans (aka: sun damage) may seem like a good idea in your 20's, but you will look your age and beyond by the time you are 35. Avoid sun and you will always look at least a decade younger.

-Have a few pretty nightgowns. When I got married, my mother gifted me several vintage French nightgowns. They are subtly sexy and seethrough if the sunlight hits it just right.

-Have an evening scent. Something very soft and subtle where he has to get very close to you to be able to smell it. Spray a bit on your hair brush and run it through your hair.

-After intimacy, be sure you go to the bathroom so you do not get a urinary infection. While there, turn on the hot water and grab a clean wash-cloth and wet it. Give your husband a gentle cleaning so he does not have to get out of bed. Ask him if he needs any water, etc. Geisha that man - let him know how grateful you are.

-Do not use sex as a weapon or a bargaining chip. Your husband will resent you and hate you for it. Sex is a wife's (and husband's) duty. Fulfill this role joyfully because sex is a beautiful thing.

-Do not lose your figure and lose the baby weight. If you pack on pounds he will still love you, but he will be thinking of someone else when the lights are off. Some men are so repulsed by excessive weight gain that they choose to leave the marriage.

-Dress in a style that he appreciates. Dress for him. Do not show too much skin. For instance, if you are showing a little leg, the rest of you should be covered. If your outfit shows a bit of cleavage, then you should not be showing any leg or back. You get the idea. Be classic and subtly sexy. If it looks like you are trying, then you failed.

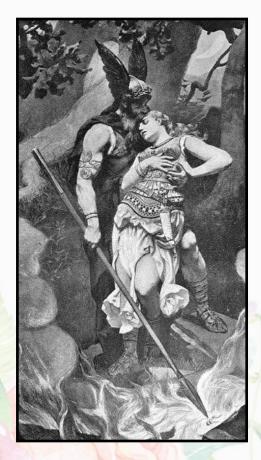
Accessories: Less is more. Do not wear all of your great jewelry with an outfit. I believe it was Coco Chanel who said, "Before you leave the house, take a look in the mirror and remove one accessory."

-Learn to correctly walk in heels or else stick to flats. Few things are more unattractive than a woman who cannot walk naturally in heels.

-Always have a book to read. Part of a wife's job is to be an interesting conversationalist. Have something interesting to say other than what you had for lunch.



Key necklaces are an ancient symbol of Freya.



A woman must be thrifty and organized. Buy only things of good quality and that will last long enough to be passed on to the kids. If it isn't useful or beautiful then do not keep it. So many people spend the first half of their lives collecting things only to spend the last half of their lives trying to get rid of them. Do not fall into this trap.



Being traditional is not a 'look'. It is not a 'style' that you wear. It something that comes from who you are. It is your husband knowing that you will never cheat and never leave. It is learning skills so you are not dependent on paying others. It is being a good woman and raising good children.



Ladies, we have a duty and responsibility to know how to defend ourselves and our children. A gun is useless if you do not know how to shoot it

It is a lifestyle.

Married women should try for being a chef in the kitchen, a lady in the living room, and a temptress in bed. You will have a very happy husband by learning to love him skillfully. Sex is lifelong avocation, and one at which you should never stop trying to improve your skill.



Learning, practicing, and playing an instrument is very traditional. Take advantage of online tutorials instead of shelling out regularly for expensive lessons.

You teach others how to treat you by what you allow, what you stop, and what you reinforce. If someone's behavior towards you makes you feel bad, create a boundary by communicating that boundary to the person so they understand what kind of treatment you will and will not tolerate. If someone truly cares about you, they will learn to respect the boundaries you have made. Boundaries are an essential part of all healthy relationships and friendships. Do not feel bad or guilty for setting well thought-out and fair boundaries - your feelings are just as important as theirs.

Women in their late teens and early 20s receive an incredibly valuable asset. Unfortunately since the only thing done to earn it is 'not cramming cake into your mouth', it is rarely appreciated. Too often this leads to gals failing to develop other assets, like skills such as industriousness and charm.

Long hair is feminine.



We have not argued since the huge blowout the other day. My niece started opening up to me and talking about her insecurities and fears. She is frustrated that everything her brothers touch becomes successful while everything she tries ends up in being a dud. I saw this as the perfect way to introduce the differences between men and women's brains (size & synapses differences) and how oftentimes, women do not even know our own mind until we are 30. That men are not better than us, we are just different.

I reassured her and let her know that I tried and failed at many things, too. That we can not always be a natural at everything we touch, but that sometimes we can go back and pick up something at which we once failed and then find success after hard work is applied.

My niece is not stupid; she is just brainwashed and wants to fit in with her peers. I asked her what she wanted to do to support herself if her plans did not include marriage and children, and she did not have an answer.

We were having this conversation while I was cooking dinner, and this is when I told her about my job description and all it entails. My career is being a wife and mother. My job is to reduce my husband's worries and stress as much as possible so that he has the energy to focus his attention on his career.

While he is at work, I toil and chip away at the household duties and teach our children how to be good people. Children are the fruit of marriage and while raising them is exhausting and difficult at times, it is also the most joyful experience of life.

I let her know that I chose my career as wife and mother because I wanted a full life. I did not want to get worn down under some fluorescent lights working my life away for some stupid corporation. I would rather focus on my children and my husband. I enable him to provide for us as best as possible by providing for him a peaceful home and nutritious meals.

When my husband brings home his paycheck, my job is to save as much of it as we can so that he will not have to work the rest of his days. We do not try to get to the next lifestyle level. Instead, we remain cognizant to always live beneath our means so that if something were to ever happen, we could recover more easily. I let her know what my paycheck looks like and that it does not come in the form of money. My paycheck is my kids' giggles and snuggles and getting to see them hit their milestones (instead of having them being raised in a daycare where a stranger gets all those 'firsts'). "You see how your Uncle treats me, how he admires and respects me?" She nodded 'yes' and I replied, "that too, is part of my paycheck. That is part of my reward for being a homemaker."



"I listed the things that a traditional wife does and how much it would cost to pay someone else to do these tasks. The valued ended up being around \$150,000 a year."



When your husband says, "Thanks for such a nice dinner," respond with, 'Thanks for providing it'. Make sure you do this in earshot of your children.



Household diaries are so useful for managing the home!



Modest and simple beauty.

"How do you find the time to do everything?"

"I am glad you asked. My home is also a well-managed and well-greased machine. It is not difficult to maintain a home once it is in good shape. For instance, this morning I cleaned the kitchen thoroughly during the kids' first nap. I also washed two loads of laundry and folded one. Currently, one child is on my back and another is playing quietly on the floor. On the stove, I have a soup cooking that I will serve as an appetizer this evening. The chicken stock I will use for the soup came from a batch that I cooked and put up a few months ago. This evening, about 30 minutes before my husband comes home, I will pull the pork chops from the fridge and use the spice mix I made vesterday during the kids' afternoon nap. Then I will warm up the potatoes I made on Sunday's meal prep. I am able to accomplish all that I do because I am skilled, motivated, proactive, and extremely competent at what I do."



Nothing is more welcoming than a clean house.

A dignified rebuke can have the force of a hurricane when expressed by a woman with conviction and unwavering grace and virtue. There was a time when women were expected to be intelligent, quick witted and sharp tongued. They had to be industrious and hard-working. Today, women think they can get by with skimpy clothing and a strong pair of knees. It will be a disaster for these women when their beauty depreciates...and it will.

Never let anyone belittle you for choosing to stay home to take care of your family.



Next level wifing.





Pleated skirts is a dying art.

Everyone is attracted to health. A one hour workout is 4% of your day. Part of being a traditional wife is staying fit and pretty. You have committed your life to you husband, and he deserves the best you possible. Men reading this should get themselves fit and strong, too. Your woman will appreciate it. Plus, workouts in the bedroom will lead to workouts chasing the children.



A woman must be able to protect her children when her man is out. Learn how to shoot. If you cannot bring yourself to shoot another person even to protect your children, then get a dog or two, and a fence. The dog will buy you some time with its life. Also remember that a home invasion during the day will not be just one guy. It is likely to be several, and they might have guns, too.



Smiles are more beautiful than dresses, but you can have both.

Intelligence follows a fit body because the mind is a physical part of the body. Saying you are "beautiful on the inside" is self deception. What you look like on the outside is what you are on the inside.

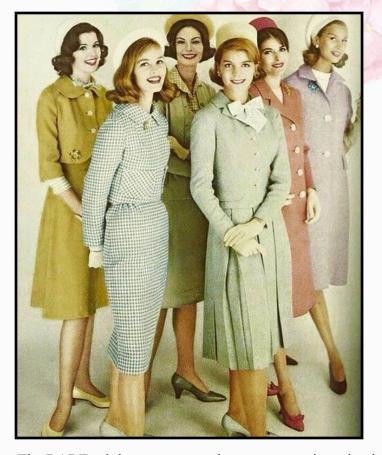
Piercings and tattoos demonstrate an evening of poor decision-making and a lack of self control, but *obesity demonstrates a commitment*. Think about JUST HOW OFTEN you must stuff your face with garbage to become really fat.

"My Grandmother remained fit her entire life. She always say, 'You're not really hungry if you won't eat an apple.""





Perfectly feminine.



The BARE minimum you can do as a woman is maintain a slim figure and dress nice. This will automatically put you above half the gals out there.

Being healthy will make you more attractive than anything else you wear.

The vast majority of women can be very pretty so long as they're thin.

Men with fat wives get less respect from other men. Part of loving and honoring your husband is getting back in shape after having babies. Babies are no excuse for obesity.

"I think a little modest vanity is a good thing. So many women have been conditioned to believe that men should desire them even if they have put zero work and effort into themselves. Work hard to improve your life and your body, and be proud of your achievements."



This, instead of a 9 to 5 job under florescent lights.

Oppress me some more, please.

Binge drinking ages beautiful young women horribly. The weight gain comes on really fast for a couple of reasons, one of which is late night munchies. Avoid friendships with girls who think drinking is a good time. They are going to be jumping on the carousel for the next few years and you do not want to miss any opportunities to land a good man simply because you are guilty by association. Find friends who do interesting things with their time and who are better than you in areas of your life you want to improve. Friendships should be beneficial to all parties, and we should grow from them.



In my opinion, she looks more empowered than a woman in a suit. In just one, I can see her pride, her strength and her warmth.



This is how subtle sexy is done. She shows some leg, but only when she moves.

If you are blessed and are able to stay home, do not disrespect your husband by keeping a messy house or a messy body.

Show gratitude for his labor by providing labor of your own.



To remain beautiful, stay out of the sun, keep your BMI in check, do not drink much alcohol, and dress appropriately for your age.

"This is basically how I run my life: gym 6 days of the week and yoga 3 times per week. I watch what I eat. I do not drink or use drugs. I avoid pre-marital sex.

"I know my decision to stay clean will pay off, especially now as I watch my peers poison themselves and ruin their bodies for their future husbands, if they even find a husband at all. In all likelihood, the best they will get is a babydaddy who will eventually leave them for a younger version."

Our motivation for wearing less modest clothes is not as wholesome or innocent as we might imagine. Once we face that, address it, and change it, our behavior and clothing choices follow suit.

It is also far better for your marriage to adorn yourself with pride and respect, rather than just showing off your body to any man who happens to walk by.

Being traditional is now considered rebellion.



Dressing modestly attracts the right kind of people into your life.



Traditionally, people wore their Sunday best to the Thanksgiving feast.



We can dress casually and still look like a lady.



We have a responsibility to know how to defend our families when our husbands are at work.

Although tattoos are becoming more accepted in some communities, they can still be used as a warning to young men (and women) that the person has committed deviance or has limited upward economic mobility. Tattoos and dyed hair, coupled with certain fashion accessories are clear red flags. These are the people who are unhappy with themselves. Could you imagine knights in shining armor defending the honor of a tattooed, degenerate thot?

Even if she is not degenerate, someone who would spend \$500 getting a tattoo when her future has yet to be secured is someone who does not understand money. What man would want to make a wife out of a woman who is so bad with money that she voluntarily chooses to spend it on tattoos? Such would be like spending the last of your money on a bumper sticker for your car when you are 1,000 miles over-due for an oil change.





But what if you do have the money? Well, it is not that big of a deal to put a bumper sticker on a station-wagon, but who would put bumper sticker on a luxury vehicle? Now ask yourself which of the two do you think your man would rather drive?



If you are not used to wearing skirts and dresses, *try it!* Seriously, just try it. You will be amazed how well you are treated. Men love opening doors for women who dress and behave like ladies.

Women who dress like ladies are more inclined to behave like ladies.





Wearing clothes should also be fun.

A sun dress gives men the impression that you are more caring and gentle than the rest of the girls. It makes men want to care for you.

"I had to learn this the hard way:

"The one man whose opinions, thoughts and feelings you need to consider when picking an outfit is your husband, but I was not taught this. As a teen, I was taught that modesty is about making sure no man anywhere will lust after you or think sexy thoughts about you, that your job is to protect men's fragile minds from the sin-inducing lust-inspiring temptation that is your body.

"In time, I realized this was an impossible task and grew resentful. After making some bad choices with my wardrobe, I realized I had been missing the point all along. Modesty is not about guarding anyone else's mind. Someone else's thoughts are not your responsibility. Dressing modestly is not about protecting men; it is about protecting your own sexuality. Dressing modestly keeps yourself from behaving like an attention-whore. It keeps your own sexuality restrained appropriately so you will not make a fool of yourself, lead men on, endanger your reputation, destroy your relationships, or maybe even jeopardize your safety.

"Being careful about the way you present yourself to the world, both in your clothing choices and in your behavior toward other men, is how you guard the boundaries of your marriage. Your sexuality is inherently tied up with your husband, even before marriage. Dressing modestly protect that sacred and beautiful gift which you share exclusively with him. It shows your husband that he can trust you. I cannot help but wonder how my life would have turned out differently if only I had learned this sooner."



This is what a strong woman actually looks like.



When virtue and modesty enlighten her charms, the lustre of a beautiful woman is brighter than the stars of heaven, and the influence of her power it is in vain to resist.

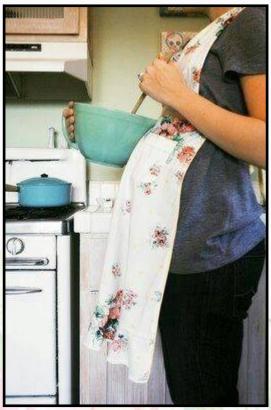
A foolish wife dresses and behaves seductively in public. She brings out the worst in her husband: jealousy and insecurity.

A wise wife dresses demurely, making her husband proud.

Dressing like a lady keeps the riff raff away. It also helps a lady rise to every occasion and behave appropriately.

How we present ourselves matters.

Yes, oppress me some more, please.



One simple rule for dressing that keeps you looking gorgeous yet classy: if arms are showing, neck is covered; if neck and a little shoulder is showing, then arms are covered. Modesty matters because what we wear sends a signal, whether we are aware of it or not.

You don't have to be fancy to be beautiful. A smile will go along ways.





Why do women want to dress like men when they can dress like women?

Men are curious creatures by nature. Ladies, always leave something to the imagination to arouse a man's curiosity. Traditional ladies are much more enticing than common girls.

In a sea of wine aunts, traditional and classy become exotic.

"I've never understood women who wear short skirts and bare legs on public transportation."



A child emulates his parents. Be worthy of emulation.

The most beautiful thing a woman can be is a mother. It is not beauty of the flesh; it is fulfillment of purpose. A woman's worth is reflected by the quality of her children.

Such a mother, no matter her age, is respected by all men in a civil society.

If moms understood how strategic their roles were in the battle for the hearts and minds of the next generation, they would grow in excitement about this great job God created them to fulfill.

Being a woman and fulfilling our destiny is amazing.

A woman's fertility is finite. Choose motherhood early. You can always get a career later. Do not waste your best years.





Working with mom in the kitchen is an education.



There is not a person in the world more qualified to raise your child than you.



Once upon a time, young girls would dress like ladies in training.



So long as she was not obese when she started, a pregnant woman is beautiful by default.

"It is always harder to complete the task with your child helping than it would be to just do it on your own, but then I realized I am not just doing this task to get it done, my real task is teaching someone how to do it for the first time. Of course it should be harder to complete with my child helping, because I am doing a different job all together. It is supposed to be harder. Anyone learning to do something always does it badly numerous times until they understand the best ways to do it."

There is nothing more important than teaching our kids how to live life well! The cycle of teaching them, allowing them to make mistakes, and helping them improve is what makes being a parent so special.

"Toddler-help is quite the scourge but remember, you will eventually be rewarded for your patience with a very capable child. Toddler-help was my little sister thinking carrot cake needed full-sized, uncut carrots sticking out of the batter. It is important to remember that the carrots were not wasted; they were merely 'expended' as part of her education. Toddler help was also my little sister setting off the fire alarm and the ensuing panic/explaining which followed, but these times sparked in her an interest in baking and cooking. Today, she cooks better than I do!"

"In so many ways, my baby brings out the best in me. I am more patient, more selfless; I am much slower to anger. They really do bring out the best in a good mother. I'm amazed at how my baby has changed me for the better. Children are precious and they are beautiful gifts from God. They teach us so much."



Do not put this off. *Start a family*.

Children copy everything we do, and so show them what it takes to stay healthy in this gluttonous world.



A society that does not place motherhood as the highest station deserves little from its heirs.

"Poking you in the eye and putting soggy baby cookies in your mouth when you aren't looking... Being sticky for no discernable reason... There is also the ole 'guess who discovered how to take off their diaper' poo in the bed... As silly as it may sound, when I look back on it, these were, hands down, the best years of my life! I am so happy I became a mother, and I am now so content."



We owe our children an upbringing on which they can look back fondly.



You will not have to pressure daughters to be traditional, just surround them with beauty. It is what they naturally want.



We have a duty to pass our skill onto the next generation. Just showing someone how to do something goes a very long way in building their confidence.

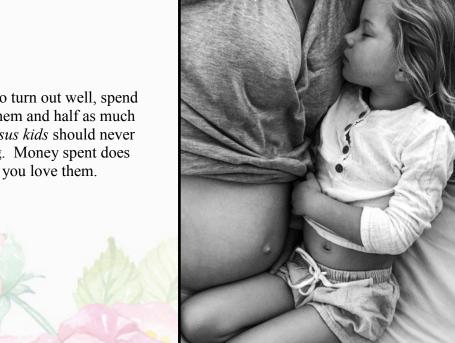


Children without responsibilities become lazy entitled adults. Chores come first, then play.

"I think children teach you how to be less selfish. You might think you are not a selfish person, but then there comes along this precious little life that is completely dependent on you, and *everything changes*.

"You are up every two hours breastfeeding because it is what is best for your baby. Your patience greatly increases because this little baby doesn't know how to wait. It just knows it is hungry and wants to be fed, and you make sure your baby is fed before you are. Babies do not know how exhausted you are or that it was your favorite shirt they threw up on. They just want to be loved, and you just want to love them. That is how you know you were made for each other."

Don't institutionalize your children. Teach them at home.



If you want your children to turn out well, spend twice as much time with them and half as much money. *Consumerism versus kids* should never see consumerism winning. Money spent does not equal how much you love them.



Traditionally, mothers taught their daughters from a very young age the etiquette and manners required to become ladies.



The workload will not get lighter, so become more efficient.



There is nothing in the world is as wonderful as your baby falling asleep on your chest.



Every girl should have a garden.

Let boys be boys.

Wives, our job as mothers is to teach children how to function in this world. We teach them how to eat responsibly, to bathe, to show consideration for others, and how not be cruel. We teach them the basics of respect, and we discipline them when necessary for them to learn these things.

From us they learn to be responsible for their possessions and to show gratitude for what they receive. We prime our children so that they are prepared for when our husband takes over. This is nature's way. Women raise children; men raise adults. They need us both.



Girls receive too many messages telling them to be fierce, strong, and competitive, but not nearly enough to be delicate, sweet and demure.



Good Mommy.

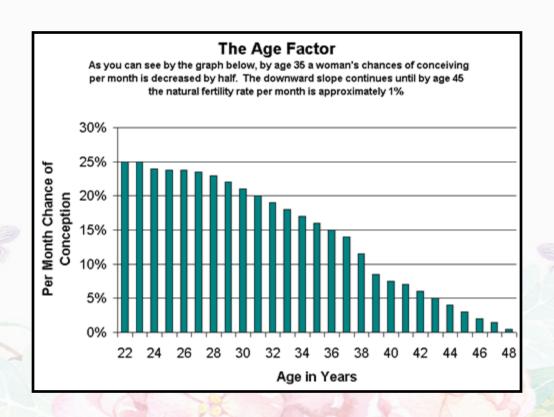
An unsatisfying job, though difficult or exhausting at times, will always be an unsatisfying job; whereas becoming a wife and mother, though difficult and exhausting at times, is the most rewarding of professions.



## Mother acts as shield to protect baby from hailstorm, pic viral

A picture of Fiona Simpson, a 23-year-old Australian mother who acted as a human shield to protect her daughter from hailstorm in Australia, has gone viral on the internet. In the picture, Fiona can be seen covered by bruises and cuts caused by the chunks of ice. She was driving when chunks of ice smashed through her car's windows.

Also good Mommy.



## Life Goals





Raise them so they grow up knowing their worth.

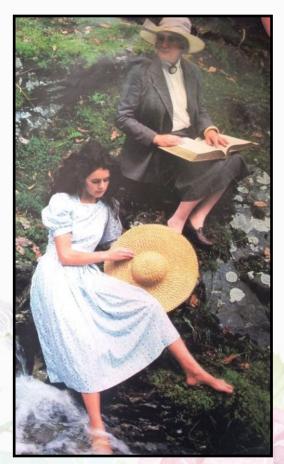
"I wish I was a stay-at-home mom, but I currently work full time in law. Each day is a 10-hour shift that regularly involves three hours of overtime, and so I often work 50 hours each week. I miss my baby. He is only seven months old, and each morning I find myself trying not to cry as I leave him.

"I have always been driven and wanted a fantastic career. I worked hard to achieve it, but now all I want is to be able to stay at home and cuddle my baby, to watch him grow, and to guide him as he gets started with his wonderful little new life. I want to have the time to take him to playgroups and talk with other moms. I want to be there for all of his firsts and hear all of the laughs and see all of his smiles. I want to be there when he is upset and needs me more than anything. Even though I am exhausted, I will stay awake at night just to hold him and cuddle him and reassure him that I am there.

"It is getting harder being apart from him. I never expected to feel this way, and I never expected for this to get harder. I thought it would get easier the older he gets, but I was wrong. If life was easier, I would love to be that mom that has all the cookies baked when you get home. I would love staying home, cooking and cleaning and preparing to teach him everything he will need to learn. I do not want to miss out on my son growing up. Life, like my little guy, is just too short."



Teach them the skills they need to be selfsufficient. Growing food, food preservation, maintenance. All of these things can be incorporated into a homeschool curriculum.



Spend time with and mentor young women.



The struggle is real.



The best thing a girl can be is a good wife and mother. It is a girl's highest calling.

To the ladies afraid of having more children:

It can be easier to have three or four children than it is to have one or two. The more you have, the more they self-entertain, and the less they depend on you for play and socialization. It is also not as much of a financial burden because you will already have cribs, clothes, etc.

When you only have one or two, the burden of being the primary playmate is on you, and you will be spending a lot of money on a lot of things that will only get used once. So have as many children as you feel you body is capable of having. Do not believe the propaganda. More can be easier, it can be quite cost effective, and in the long run, you will be much happier when all of your grandchildren come to visit you.



Every child must have chores to do. Labor provides them with dignity and accomplish.



Most women regret not having more babies.

Traditional moms usually do not have this problem.



The mud will wash off, but the memories will last a lifetime.



No calling is greater, more noble, or more fulfilling than being a mommy.



If your child can operate a smartphone, they can use any of these.



"I grew up poor, but I grew up happy. The biggest impact on my life was watching how much my parents loved each other. Children need to see that their parents love each other."

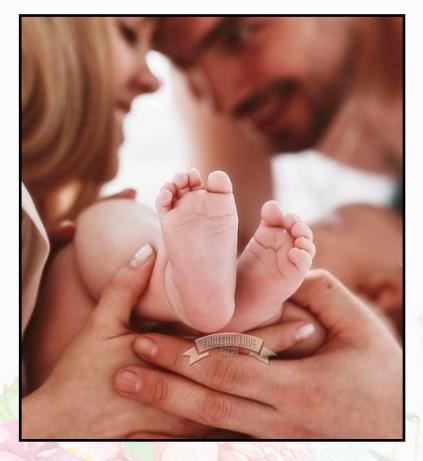
Motherhood

Of course kids get on your nerves, but that is actually a luxury. You get to spend hours and hours with your children, that he never will. So when your kids get on your nerves, try to remember that this is luxury he will never have. Once those kids grown, your workload will decrease, while his responsibilities will have increased.

Staying home and raising babies is exhausting. Most women believe (falsely) they would rather go back to work do so as an escape, but the financials of daycare do not make sense, and you end up working just to pay for daycare.

Stay home.

Be with your family.



Make sure your marriage stays rock-solid so that they have an unshakeable foundation in which to grow up.



Shed your bad habits because she wants to be just like you.



Teach your children cursive so they can read the original sourced historical documents.



Teach your children to play traditional games.

"Every couple I know, the wife earns about the same amount as daycare costs. There is no real increase in income and the children are now exposed to diseases, brainwashing, and feelings of rejection.

"Most of these women, if they are being honest, will tell you they went back to work because it is easier than staying home with the children. Children are exhausting, of that, there is no question. *But they are our job*. Only an infantile woman would purposely send her children to be raised in daycare when she has the option of staying home with them.

"Of course, in today's world, not everyone woman has such an option. Yet, for those who do, being a wife and mother is a privilege bestowed upon us by our ancestors and a duty we owe to our descendants. Purposely rejecting that duty is a crime, both against nature and our progeny.



Raise children that other people want to have around.



Raising girls so they know how to defend themselves is a parental obligation.



'Mother' is a another name for love.



Do not buy me everything you wish you could have had growing up, teach me everything you wish you would have known growing up.

Instead of giving kids stars and participation trophies, teach them activities where the result is the reward.



If you divorce because of boredom or because the 'love tank' is no longer on 'full', you are depriving your children of their father. You had better figure it out because kids need their daddy every day, not just on weekends. Little boys need their daddy to teach them how to become men. Single moms just cannot provide this. Little girls need their daddy to teach them how to identify a good man and to feel worthy of one. Your children *need* him, even if you imagine that you do not.

What woman in her right mind thinks she can be a competitive engineer, lawyer, doctor, etc, *and* birth children. You are going to end up doing a mediocre job at both. Birthing a child and going back to work months later is a disgusting dereliction of duty.

Worry about learning, not earning, ladies.



She wants to be just like you. Give her something to emulate.



When you witness a young girl being of service in a traditional role, heap loads of praise on her. This lets her know she's on the right path and doing the right thing.



The natural state of motherhood is unselfishness.



The fullness of womanhood



Teach your children. They are as capable as you allow them to be.



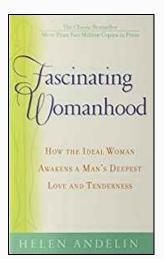
Children who grow up with elderly family members around will learn wisdom and stories that last a lifetime.

If you raise your children, you can spoil you grandkids, but if you spoil the children, you will have to raise your grandkids.



If you pretend to understand your baby, he will start talking sooner. Studies show infants whose parents respond to them in conversational patterns have better language skills and vocalize earlier. This is because if they learn that speech can elicit a reaction, they are more prone to use words to communicate what they want.





Fascinating Womanhood by Helen Andelin

"Observe a little girl playing house. She does not hurry to get her work done. She puts her doll in a crib, folds the little blankets, tucks them in carefully, and when she is finished, takes them off and does it all over again. She does the same with the little tea set, setting and unsetting the table, over and over again. She enjoys her work because she is unaware of time. I doubt if she would enjoy it if she were to watch a clock. I believe our natural instinct is to enjoy domestic work, as little girls do. Being crowded for time robs us of this enjoyment."



In the first three years of life, a baby's developing brain doubles in size. Every tickle, every warm chuckle, every waggle of a toy is a mini-explosion of brain-power, joy and love that impact on what happen in later years.



"I asked her how she persuaded her child to read instead of playing on smart devices. She replied, "Children do not hear us. They imitate us."



Girl Power



Thank God for stay-at-home moms



Well-behaved women rarely make history... Because they are too busy making the future.



"My grandma's 90th birthday was beautiful.

9 kids.

19 grandkids.

Over 30 great grandkids.

She looked over all of the life she created and cried tears of joy.

A woman's purpose complete

A life fulfilled

She will die happy, and never once did anyone mention her 'career'.



Sometimes it is ok to keep score.



Family is the backbone of civilization.



If you don't have any capable older women in your life, go find one Churches usually have lots of old, lonely widows who'd be thrilled to pass on their skills knowledge to you and your children



Be the things you love the most about the people who are gone.

A spendy wife creates a stressed husband. Traditional women were in charge of budgets because they had the time in the day to do the shopping and make sure to be thrifty with the money. Husbands worked hard to earn it, and wives worked hard to make it last.



A great way to weed out suiters is by not getting physical while getting to know each other.

Bad men will walk.

Find yourself a masculine man. He is the best role-model for a son.



A woman trusts her man, supports him in all causes, and understands that he needs time away from her to keep his mind sharp and refrain from seeing it drowned in emotion and worry at the behest of his woman.

A woman does not complain that her man is unworthy. She does not complain that he is childish because he spends time cultivating male relationships. She does not complain about the amount of money he earns.

As the head, the man is the one ultimately responsible for the family's well-being. It is not that the man must make all of the decisions; that would be inefficient, and it would hinder the woman's Godgiven talents. The man is the head of the house because his mind focuses on logical consequences and long-term planning. This means he is most-likely to understand which tasks need to be accomplished as well as who is likely to best accomplish those tasks. As such, it is his responsibility to delegate those tasks to various members of the family.

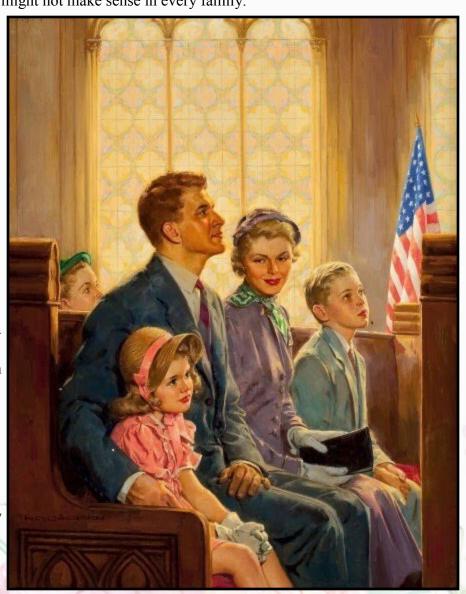
Each task, once delegated, then becomes the sole responsibility of the one to whom the task has been given. How best to accomplish the task is now entirely in the hands of that person. How else can the man hold that individual fully responsible for the success or failure of the task, if that person has not been given full autonomy in how to best accomplish the task? If the man judges that the individual failed to successfully complete the task, the man must either re-delegate the task to another who is more capable or else provide additional resources/training to first individual.

Since everyone is different and has developed different skill-sets, and since every family faces differing sets of circumstances, it is likely that delegations will vary among families. For instance, if one woman enjoys math and is a wiz with numbers, it becomes reasonable to offer to her the ability to control the finances, even though this might not make sense in every family.

Of course, nothing in this suggests that once a task has been delegated to someone, that individual cannot ask for advice or help from the head or from other family members. It simply means the one delegated to complete the task must make the final decision about how best to accomplish the task.

Lastly, if the woman does not feel comfortable submitting herself completely to her man's ability to delegate and judge her responsibilities as successful or otherwise, then she ought to find a better man whom she can trust and to whom she is willing to submit, or else she puts her own life and the lives of her future children at risk of unnecessary hardship and disorder, both of which lead to misery.

So, wives are to submit to their husbands, for he is the head; whereas husbands are to lay down their lives for their wives, for she is precious. There is a reason why men ride off to war. It is because their women obey them.





A wife's job is just as important as a man's.

"None of my relationships worked. I treated my partner as my equal in decision making, money management, and life choices, and I always wanted a say in everything. It has always been a disaster.

"My sister has been married for nearly 20 years, and what they have works. She manages the house and their kids; he brings home the bacon. He will ask for her opinion on certain matters, but ultimately everything is his call. He is the boss. She is the manager. If she needs to go over budget on spending, it is his call. They are the model traditional family."



A thrifty housewife is better than a second income.



A woman of virtue attracts a man of value.

If he is going to take the time to build a home, he deserves for you to make it warm and welcoming for him. Swallow false pride: if you are the queen, that makes him *king*.



Dating is for marriage. If you cannot see yourself marrying him, do not date him.



Be a good wife to him.

Avoid emasculating your man at all costs.
Once a man has been thoroughly emasculated, it is very difficult for him to recover.
For all his strengths, this is one of his greatest weaknesses.

Your respect is his motivation. You are the reason he gets up for work, the reason he so willingly sacrifices his time doing things which are difficult and laborious. You are very thing that makes his work into a pleasure for him.



A good wife is a man's best asset.

Dating is not for entertainment. It is for marriage. If you are not dating with the intent to make a family, you are practicing for divorce.

"Group dating is amazing for so many reasons. I learned so much about myself, my friends, and especially my romantic interests. A lot of interests stopped being interests after seeing how the behave with others."



Our job is to make his life lovely when he gets home.



Boyfriends should not get husband privileges.

Encourage your children to get excited when Dad comes home. Use your children to build up your husband, not to tear him down.



Do you want to be a practice girl or a wife?

How you dress matters.

"I had an ex-girlfriend who would tell me everything was fine but then give me the cold shoulder all night. Eventually, I got tired of this game and just started giving a cheerful 'okay'. Eventually, she also got mad at that, and I said, 'Look, I am not going to milk you for information. Either tell me the truth or not. I am not going to waste my time trying to get you to tell me something you clearly do not want to say.""

Ladies, do not get in your man's way when he has work to do.



Men create, we nurture.

When he asks your what is wrong, and you say, "NOTHING" but then spend the rest of the day looking at him like this...



Relationships need open and honest communication.

If you want to be respected by men, dress modestly and act like a lady.

Be a girl worth chasing.



Women love a man who is busy and works with his hands. At the same time, women are jealous that he is busy and works with his hands. She is jealous because she wants the attention that he pays to his work to fall on her (which is understandable). The danger is when a man complies with her wishes, because if he does so, then he stops doing that thing which caused her to fall in love with him.



Ladies will always be attracted to men with skills.



Don't marry a man unless you would be proud to have a son exactly like him.



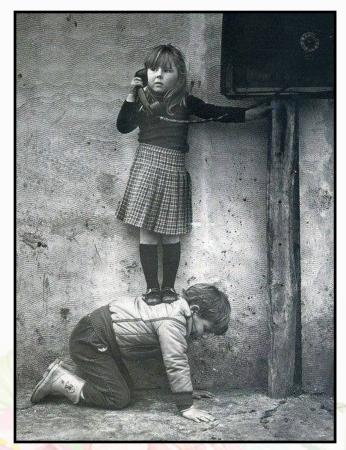
Man leads and provides.
Woman inspires the man and anchors him.

Men are superior to women and therefore have more responsibilities than women. Women are superior to children and therefore have more responsibilities than children. Superiority means 'leadership over another', most often due to increased maturity and levels of reason. It does not come with a connotation of hate. Women do not hate children because they are superior to them in terms of maturity, in the same way that men do not hate women because they are superior to them in terms of reason.

On the other hand, sometimes children hate their mothers for not letting them have their cake and eat it, too; just like sometimes women hate men for not letting them have their cake and eat it, too. In a similar manner, women love their children in ways their children may never understand nor appreciate, just like men love their women in ways they may never understand nor appreciate.



Live in such a way that a good man would be proud to introduce you to his parents.



Men will give us the world. All they ask in return is our respect and a smile.

Make your husband happy.



Men are tough and strong, and they generally do not like to show their weaknesses, but when a woman makes fun of a man, it is exceptionally hurtful. She does not realize he sacrifices his life to help her, and attacking his pride is the lowest blow she could have dealt to him. Instead, we must to build up our men. and show appreciation for the society they have built for us. We would be living in hovels if it was not for our men.



If you take care of things...



They last.



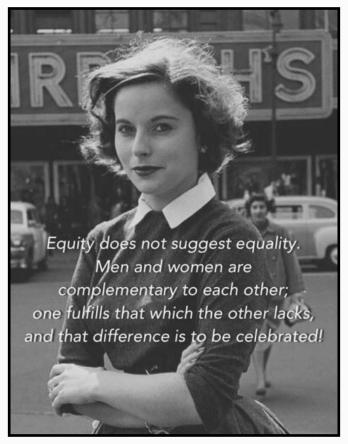
Make a little time for each other every day.



Next level wife

Choosing a spouse is not about seeking perfection. It is about finding someone that you can work with for a lifetime - flaws and all. Having said that, a good husband must be hard-working.

Lazy beta-males deserve to stay thirsty.



Men and women are different, and that's okay.

Cheating - if he dies it with you, he will do it to you. Once you break the trust in a relationship, it is gone forever. Delete your ex's number from your phonebook, avoid alcohol, and flee from seemingly harmless flirtations. Aim to be an even better wife than your husband thought he married.

"Aunt Narcissist used to wait until my Uncle was almost home from work and then take the dog for a walk, or suddenly decide to run some errand. I remember hearing my grandmother scold her once in front of me when I was very young. I'll never forget the disapproval in her voice: 'Your husband is on his way home and you're not going to prepare dinner?'

"Her response? 'He can cook.' She said this even though she did not work outside the home. He worked twelve hours a day to fund her shopping addictions, and the worse thing: she was so flippant about it.

"One day she suddenly decides to move the family our of the city even though this caused my uncle to commute for work. Now he could only come home on the weekends. Their marriage obviously failed. Evil Aunt Narcissist then took their daughter in the divorce and moved out of the state so my uncle could no longer even see her on the weekends. Evil Aunt Narcissist is the family pariah and an absolute monster. Her daughter is now a single mother in beauty school - a literal stereotype.

"I often wonder how things could have turned out differently. My mother and I agree that my uncle, who I always thought was a decent guy, would have been a better man if he had married a better woman. If he had, maybe my uncle would still be alive. He committed suicide earlier this year."

Mothers who belittle their sons will raise broken



Protector



If you expect your man to work hard everyday and buy you everything you want, Be prepared to cook, clean, and give him sex whenever he wants.

"A lot of other women I know, even Christian women, complain about their husbands. They tell jokes about how men are babies, childish and dumb. They think these jokes are funny because they imagine men really are these things. When I am in a group of women and most of them are laughing along and adding their own jabs, I never really know what to say. I do not want to be the one to scold their awful behavior, but I also hate to let such foolishness go unchallenged. Long ago as a newlywed, I made the choice not to badmouth my husband in front of other people. It is so disrespectful of the man who sacrifices so much for me and our children. I cannot help but wonder how these wives would feel if their men were laughing at how stupid and bitchy they are behind their backs. I think the problem is that a lot of women do not value loyalty. Their own immature minds prevent them from realizing how much their husbands deserve their respect.

## Peak attractiveness by age and gender:



"Belle is where girls are in their late teens. Come to think of it... Ariel gets married at 16. Belle gets married at 17. Cinderella gets married at 19 (the old maid!). Same with Tiana at 19. Snow White gets married (I think, it is a really weird ending to be honest) at 14. None of the princesses get married after 20. Just saying. Maybe they got it right. Get married young to a brave and good man, and you will be happy ever after. Remember to always sing wonderfully and talk to animals. Honestly, outside of a few minor inconveniences with villains, those girls may be onto something."

"When I became a stay-at-home mom, I was super jealous of my husband getting out of the house for 8+ hours a day. It made me feel resentful because I'm a workaholic. Finally, I challenged myself to say at least 3 times a day out loud how thankful I am to have my husband work so hard and sacrifice family time so we can live the life we live. A little over a year later, I genuinely felt it, and it even rubbed off on our daughter. She gave my husband a big hug the other week and thanked him for being an amazing provider.

"Now, I feel like our family runs more smoothly. Even though I miss him just as much and get just as lonely, it makes him coming home after his shift all the more sweet, and I can tell he genuinely enjoys coming home to us."



'til death do us part.



Not getting along w your husband? *Try looking in the mirror.* 

"Us guys know when you ladies are 'making us wait' by having us jump through hoops, while having given it up on the first date to other men. We do not take it as a sign of respect or that you are taking the relationship more seriously. We take it as you sizing us up as a beta provider/doormat/he'll do until 'Chad' starts returning my tweets again.

Do not try to play the born-again-virgin act; it will not work. The second a woke man sniffs out your actual sexual history, you are toast. Riding the cock-carousel came with a price that cannot be erased. If you want your relationship to last, you have to be truthful. You need to develop methods for real rehabilitation into traditional lifestyle choices. This is your way forward: find another high-partner rate person as your prospective mate, and work to reform him (and yourself) through Church and community life. You have to earn your way back.

When I was 17, a friend and I promised to lose our virginity within the year. We saw sex glamorized on TV and in music, and we heard popular peers talking about it as an amazing experience. My friend and I did not want to be left out.

I approached my sexual initiation with confidence. I believed Sex in the City's premise that uninhibited sexual expression was healthy and integral to female happiness, and so I lost my virginity to a stranger. I proceeded to hook up with many more men in short order, chasing an illusive thrill. As it turned out, I was unprepared for the disparity between what I had imagined sex with a stranger would feel like and its reality.

By and large, it hurt—a lot. I mean, it physically hurt. Most of the guys could not tell the difference between moans of pleasure and groans of pain, or did not care. At the time, I blamed myself—there must be something wrong with my inability to orgasm. When the pain was over, I often lied and claimed pleasure because I was ashamed of the truth. There were some gentler exceptions, but even they felt weird and fake. The monthly wait for my period felt the worst of all. It did not matter if the sex had been protected; I lived out those weeks in secret terror.

Whether we like it or not, sex is intrinsically biased against the woman. Unlike men, women incur two huge sexual risks: 1) pregnancy, and 2) failure to enjoy. Of the two risks, we pretend that we have eradicated the first with birth control, but a closer examination of the facts <u>reveals</u> that about half of the abortions in America are the result of protected sex in which the birth control method failed. As for the second risk, we are only starting to acknowledge it. The perception is that hookup sex is barrels of fun for women everythere. From add to TV shares from provides to now

perception is that hookup sex is barrels of fun for women everywhere. From ads to TV shows, from music videos to porn, we are sold scripts showing women embracing a hookup lifestyle with relish. I admit I bought into it, but it has since dawned on me that my painful encounters with sex are actually common among women. Yet those fighting to justify the hookup culture are prone to blame male ignorance of the physical aspects of a woman's sexuality, the complexity of her anatomy, etc, as if it was entirely his fault. After all, those tv shows and music videos and magazine articles could not all be fake, right? It was so much easier to blame the

man's inability than it was to blame my own bad choices.

However, the fact remains that reality is really that simple: according to the numbers, the best measure of a woman's sexual pleasure is her man's level of commitment to her. Choosing to have uninhibited sexual expression with random men is not only dangerous, unhealthy and risks pregnancy and single motherhood, it is also very likely to lead to female misery. In a <u>study</u> involving 24,000 college students, 40 percent of women surveyed said they had an orgasm during their last hookup, while closer to 75 percent reported having an orgasm the last time they had sex in a committed relationship. It is not the man who is to blame for my sexual misery; it was my bad choice to join the hook-up culture.

I've come to realize that pursuing sexual pleasure without commitment is nothing but a lie meant to mislead us. Sex, even at its height, has always been about something far more worthwhile than a moment of pleasure. It is about a loving partnership of two people sharing everything.



The more womanly we are, the more manly men will be.

Putting on a pound of makeup and dressing in skimpy clothes will definitely get you a man, and is clearly aimed at doing so, but does any woman really want to end up with the type of man that would attract? The type of man you catch depends on the bait you use.

A lot of young women do not understand this because they just see certain types of girls getting lots of attention from guys. They mimic what those girls do in an attempt to get the same kind of attention. There once was a time when mothers prepared their daughter's minds for this dangerous pitfall.

Attracting attention from guys is dangerous if they are not the right kind of guys.



Quiet confidence is more attractive to men than flashing skin.



The more respect we show to our husbands, the more loving he is to us.

Try not to compare what each partner does because this can breed resentment. You are a team and both of you are doing crucially important things. Remember to share your day and communicate with your husband in a non-accusatory or complaining way. When the children stress you out, keep in mind there are times he wishes he could be home all day playing with the kids, just as there are times you wish you could leave the house, or pee, or take a shower, or do *anything* by yourself.



There are things men and women do better than each other, It is because of our brains. Traditional women embrace these differences and do those things they are best at doing.

"One of the things I always try to remember is that my husband is also going through so much as a parent, even though he works outside the house. He is under the stress to provide for us financially and physically, and he does so much that I am not even aware of. When he gets home and I have been with the kids all day, it is understandable that one's first instinct is to pass off the kids to the partner who is 'tagging in', but understand that he may have also had a very emotionally and physically draining day. Remembering this really puts things into perspective. I always need to remind myself when he first gets home that he may be unable to handle the littles without first relaxing a bit."

Want a good man? You are going to have to put up with a busy man. Appreciate your busy man. He is busy for you and your children.

Ladies, the best way to get a quality man is by quietly working on yourself. Learn new things, never succumb to boredom, and always strive to be a little better than the day before.

Please do not fall into the trap of leading with sex. It is a cheap hook that breaks at the slightest strain. Women who throw sex at men straight out the gate are trying to distract him from the fact that they have little to nothing else to offer.

Become the kind of woman your pioneer grandmothers would be proud of.



Trad men are looking for women who are healthy, happy, willing and eager to please, and who want to stay home and take care of their children.

They do not want party girls.

"Just a word from one who knows...if you are gifting money to newlyweds, be DAMNED sure they realize how it is to be spent. Give them no other options and get it *in writing* (in triplicate if you are smart). My daughter is engaged to a stoner millennial who sometimes repairs appliances to earn money, working for himself. This dude is a wreck looking for somewhere to happen. When we were told of the engagement, we offered them \$25,000 toward a home (and only toward a home) in order to give them a good start.

"Great idea huh? ...no, not really. You see, they live in one of our rental homes where we give them a discount on the rent. The discount has caused Stoner to decide that he will live in that rental house forever. So after Daughter discusses it with Stoner and their friends, they decide that half of this money should go toward Stoner's appliance repair business and the other half should fund a three-week honeymoon cruise extravaganza, stopping at six different counties. Then they start talking about some fantastic and overly expensive wedding dress and bridesmaids galore, all of which they have also decided my wife and I will pay for. Well, my wife puts her foot down, and all hell breaks loose. I have to get involved, and suddenly, my wife and I are the bad guys.

This will not be resolved any time soon, and it will get much worse. Tonight we are telling her to pay for the damn thing herself (she is 25, after all). Stoner can help if its within his pot budget.

I pray daily that he gets hit by a truck.

"Many women make the mistake of making the wedding about the celebration, not the marriage. Going into debt for a celebration is a fool's errand. Keep it simple and sane.

"I told this to a friend, and I almost got his wife to go along with me: instead of having a wedding in a traditional wedding venue, they should buy a home in their dream area, and then have the wedding at the home. Spend money on decorating and fixing up the home. Instead of gifts, the wedding guests could give to help fix the house. In this way, everyone gets to be a part of starting the newlyweds off on the right foot by giving them a house with some equity already built into it.

There are stark, undeniable differences in the brains of men and women.

(click for source)



When women behave like ladies, it inspires men to act like gentlemen.

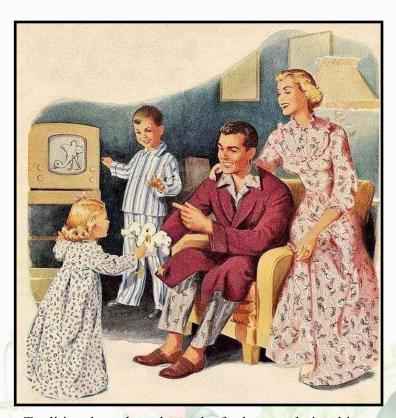
Let us put an end to this 'Happy Wife, Happy Life' nonsense. It should be:

Happy Spouse, Happy House.

Work to make your man happy. You will be glad you did.



Traditional men are not looking for a just a pretty little consumer to marry. They are looking for a woman to help them succeed.



Traditional gender roles make for better relationships and stronger families,

Spoil your man. If you do, he and will think of you as a queen. He will work himself half to death just to make you happy, and he will never wander.

If you are tearing him down, you are helping to create a bad future for yourself and your kids. It is only after a woman learns how to respect her man that she becomes a lady.

Never badmouth your spouse to anybody, even to your mother...

...especially to your mother.



"I would really like to see the resurgence of huge Sunday dinners and picnics. We need our traditions back."

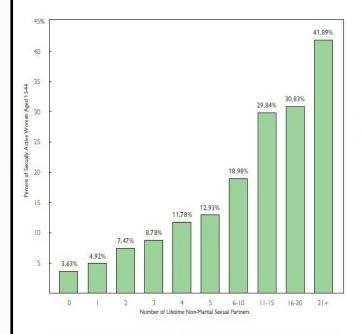
"My husband and brother always ask me why I do not eat when everyone else starts, but there is just something about *feeding people and having them enjoy it* which I really like. This may seem silly, but I love to entertain and watch the men enjoy the food I have made. I love when the ladies ask me for recipes. It is one of my favorite little joys. Men express a certain unmatched childlike joy at good food. How could anyone not love feeding them?"



"I sometimes view potlucks as competitive events. You know if you win the potluck because the men get loud about your dish."

#### Women Who Have More Non-Marital Sexual Partners Are More Likely to Be Infected with Sexually Transmitted Diseases

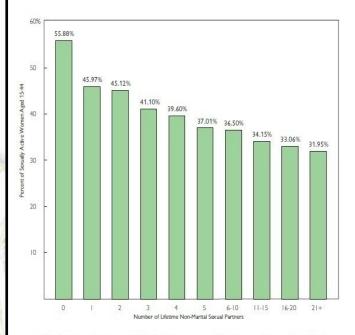
#### Women Who Have More Non-Marital Sexual Partners Are Less Likely to Have Stable Marriages



This chart shows the impact of increases in the number of lifetime sexual partners on the chances of being infected by a sexually transmitted disease (STD). The chart covers all sexually active women; women with zero non-marital partners have had sex only with men whom they married. Some 3.6 percent of sexually active women who have had zero non-marital sex partners have contracted sphilis, genorrhea, chlamydia, genital warts, or genital herpes, or have a self-reported high risk of HIV. By contrast, the STD infection rate of women with I I to I5 non-marital sexual partners is nearly ten times higher. Some 30 percent of these women have been infected.

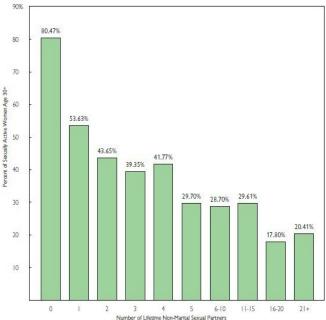
Source: CDC, National Center for Health Statistics, National Survey of Family Growth, 1995.

### Women Who Have More Non-Marital Sexual Partners Are Less Likely to Be Happy



This chart shows the inverse relationship between personal happiness and the number of lifetime non-marital sexual partners. The greater the number the non-marital sex partners, the lower the probability of personal happiness. The chart covers all sexually active women. Some 56 percent of women who have had sex only with men they married report they are currently "very happy." As the number of non-marital sex partners increases, the probability that a woman will report she feels "very happy" shrinks. Only 37 percent of women with five non-marital sex partners report they are very happy.

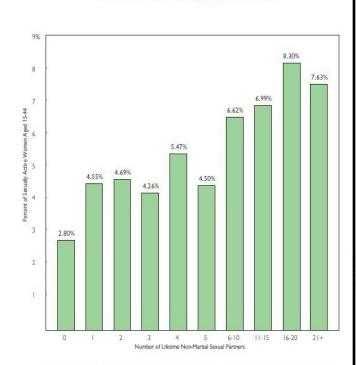
Source: CDC, National Center for Health Statistics, National Survey of Family Growth, 1995.



This chart covers sexually active women over the age of 30. Women were defined as having a stable marriage if they were currently married and had been in that same marriage for at least five years. Women who had more non-marital sex partners were less likely to have stable marriages. Over 80 percent of the women who had never had a non-marital partner were in stable marriages. By contrast, only 30 percent of the women with five non-marital sex partners were in stable marriages.

Source: CDC, National Center for Health Statistics, National Survey of Family Growth, 1995.

# Women Who Have More Non-Marital Sexual Partners Are More Likely to Be Depressed



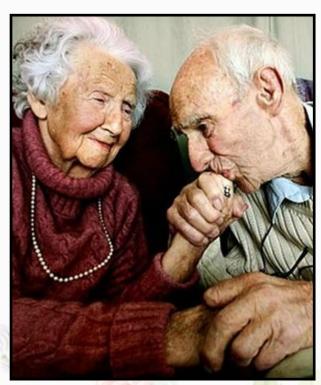
This chart shows the relationship between the number of lifetime non-marital sexual partners and depression. The greater the number of non-marital sex partners, the higher the probability of depression. Only 2.8 percent of women who have had sex only with men they married report they currently feel "not very happy," or "very unhappy," By contrast, 8.3 percent of women with 16 to 20 non-marital sex partners report they currently feel "not very happy" or "very unhappy."

Source: CDC, National Center for Health Statistics, National Survey of Family Growth, 1995.

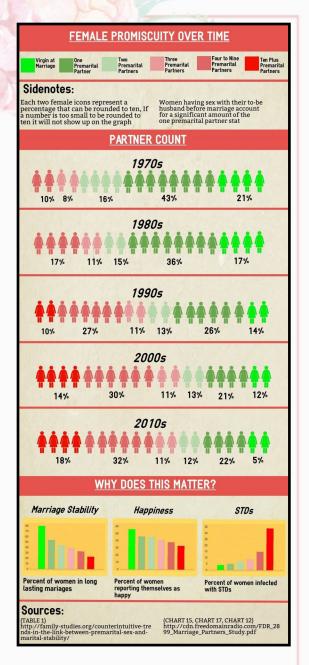
The biggest risk to casual sex is destroying your ability to pair-bond with men. As you can see from the adjacent chart, as well as the one found on the previous page, the more sexual partners a woman has, the more likely she is to become depressed and the less likely she will find a stable long-term relationship.

Another dangerous risk is contracting something nasty. The absolute best outcome in that type of situation is dealing with some discomfort and nasty discharges. At the absolute worst you can pick up HPV and then die horribly and slowly from the cancer that results. There are also diseases that can express asymptomatically like chlamydia which eat away your fallopian tubes and render you sterile. Sex is a huge risk factor for disease.

And no, condoms are not a guaranteed protection against sexually transmitted diseases.



"We were born in a time where if something was broken, you fixed it, rather than throw it away."



You cannot be a slut for ten years, take a four-month break, and then decide you are wife-material.

Purity is preserved, not earned.

If you are single and have met someone you like on the internet, DO NOT SEND NUDES! This is not the way to get a quality man into your life. If he is a good man, he will appreciate modesty and good judgment. Sending out nudes to people reeks of desperation and terrible judgment. A beautiful woman does not need to show off her beauty, especially her intimate beauty, because she already knows what she has and does not have to prove it to strangers.



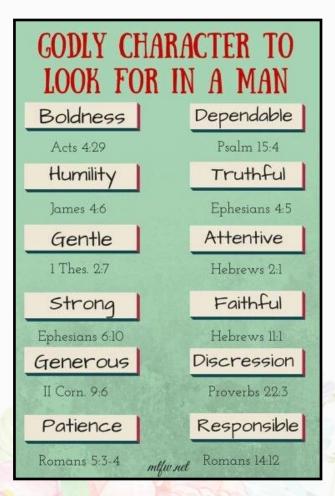
"It is a man's job to cherish a woman, but it is a woman's job to give him something worthy of cherishing."



A man with dreams needs a woman with vison.

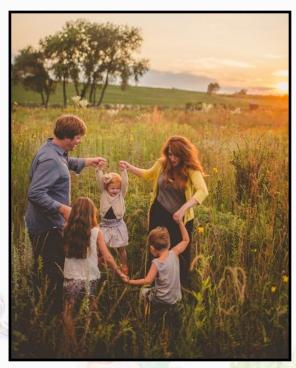


Men prefer debt-free virgins without tattoos.





Honoring husbands used to be a priority in American culture. Good hardworking men deserve to be honored.



Never lie to your spouse. Better yet, never do anything you feel the need to hide from your spouse.

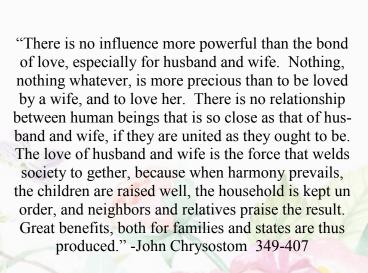
It is never "you vs. him." Rather, it is "you and him vs. the problem." Behind every successful man there is a woman. Back to back against the world, like 80's action heroes, that is what a marriage should be.



Nothing is more attractive to a man than feminine self-control.

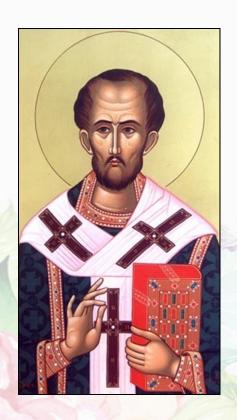
Do not keep secrets in your marriage. Secrets are as dangerous as lies. Your spouse should have access to every part of your life. Never hide a conversation you would not want him to hear, view a website you would not want him to see, or go someplace you wouldn't him to know about. Transparency builds trust.

When I was a young wife, I had a close friend who tore down my marriage. She would say to me, "Doesn't it bother you that Ken doesn't help you with housework? Doesn't it make you angry, because it should? You shouldn't be doing it all yourself." This would make me angry with Ken. I would stomp home and give him a piece of my mind. If she were to say the same things to me today, I would respond, "No, it doesn't bother me and no, it doesn't make me anary. He works extremely hard for our family so I can be home with the children + take care of the home. I'm the one God called to be a keeper at home, not him. He's been called to provide + he does a great job providing." Don't listen to anyone speak critically of your husband. It will tear down your marriage.





When a woman veils her body in modesty, she is not hiding herself from men, she is revealing her dignity to them.



Most people get married believing a myth that marriage is a beautiful box full of all the things they have longed for: companionship, intimacy, friendship, etc.

The truth is that marriage, at the start, is an empty box. You must put something in before you can take anything out.

There is no love in marriage.

Love is in people, and people put love in marriage. There is no romance in marriage. You have to infuse it into your marriage. A couple must form the habit of giving, loving, serving, and praising each other to keep the box full. If you take out more than you put in, the box will be empty.



Spoil him. If he is hungry, feed him. House is a mess? Clean it. His clothes are dirty, wash them. He's had a long day, rub his back and give him some love and affection. He's stressed, just leave him be and pray for him. There is absolutely nothing wrong with catering to your man.



The best way to make your husband better is to be a better wife.

Never belittle your man.
Never talk down to him.
Never ignore him.
Never let him feel replaceable.
Never play down your need for him.
Never cause him to feel embarrassed.
Never look away while he is talking.
Never manipulate him.
Never boss him.
Never laugh at his mistakes.
Never put any person before him.
Never be too busy for him.
Never be inconsiderate of his feelings.
Never tell his personal business to others.

Our generation is becoming so busy trying to prove women can do what men can do, that women are losing their uniqueness.

Women were not created to do everything a man can do. Women were created to everything a man cannot do.

The more casual a woman makes sex, the more casual a man takes commitment.



Be sweet. Wear a pretty scent and fabrics which are not in his closet. Men appreciate our differences. Be his soft touch in a cold world.



A fit body, long shiny hair, and a sweet personality are more attractive to men than a beautiful face, designer jeans or a high-powered career.



A woman's true happiness is found in serving the man who protects and guides her.

Women across the country at cookouts and family reunions can now be heard saying "He can fix is own plate...ain't nothin' wrong with his legs..." (with an eye roll).

That is not right, ladies! You should honor your man by fixing his plate. You do not necessarily have to do it every single time he eats (because seriously, there is nothing wrong with his legs), but at least do it when you are in public as a sign of respect. And no, it is no demeaning. Have a servant's heart. Respect and honor him and he will return the favor with his loyalty and sacrifice.



Wait for a man that makes you feel adored and desired every day without exception and without excuse.



A strong man can handle a strong woman. A weak man will say she has an attitude.

A man loves quietly. His love is making sure his wife's car tires are aired up and in good condition. HE loves by holding her tightly and stroking her hair when things fall apart. He loves by checking for monsters under the kids' beds and by spending his evenings helping with homework. He loves by reading them bedtime stories and by making certain the fire alarms have charged batteries. He loves by working the extra weekends to make certain his family can afford to go on vacation. He loves by ignoring those come-ons from the cute girl at work. He does not put his love on display loudly, but his love is nonetheless there, present, strong, steady and true. His love is seen in the things he does and in the things he does not do.



"A wife of noble character is her husband's crown." -Proverbs 12:4



My goal is to build a life that I don't need a vacation from.



Western civilization thrived when women supported their man and family.



Do you remember back when we did not go out in public wearing pajamas?

Who can find a virtuous and capable wife? She is more precious than rubies.

Her husband can trust her, and she will greatly enrich his life.

She brings him good, not harm, all the days of her life.

She finds wool and flax and busily spins it.

She is like a merchant's ship, bringing food from afar.

She gets up before dawn to prepare breakfast for her household and plan the day's work for her servant girls.

She goes to inspect a field and buys it; with her earnings she plants a vineyard.

She is energetic and strong, a hard worker.

She makes sure her dealings are profitable; her lamp burns late into the night.

Her hands are busy spinning thread, her fingers twisting fiber.

She extends a helping hand to the poor and opens her arms to the needy.

She has no fear of winter, for everyone in her household has warm clothes.

She makes her own bedspreads. She dresses in fine linen and purple gowns.

Her husband is well known at the city gates, where he sits with the other civic leaders.

She makes belted linen garments and sashes to sell to the merchants.

She is clothed with strength and dignity, and she laughs without fear of the future.

When she speaks, her words are wise, and she gives instructions with kindness.

She carefully watches everything in her household and suffers nothing from laziness.

Her children stand and bless her. Her husband praises her:

"There are many virtuous and capable women in the world,

but you surpass them all!"

Charm is deceptive, and beauty does not last; but a woman who fears the LORD will be greatly praised.

Reward her for all she has done. Let her deeds publicly declare her praise.



The homemaker has the ultimate career.

All other careers exist for one purpose only: to support the ultimate career.

# The Beauty of A Woman

Audrey Hepburn, the late actress and humanitarian had this to say when asked about her "beauty tips".

For attractive lips... Speak with words of kindness.

For lovely eyes... Seek out the good in people.

For a slim figure... Share your food with the hungry.

For beautiful hair... Let a child run his or her fingers through it once a day.

For poise... Walk with the knowledge you'll never walk alone

People, even more than things, have to be restored, renewed, revived, reclaimed and redeemed... Never throw out anybody.

-Proverbs 31: 10-31

Teach daughters to be loving wives, mothers, helpmeets and keepers at home.



True love is self-sacrificing. Fake love is selfish.

True love gives from the heart. Fake love gives because it wants something in return.

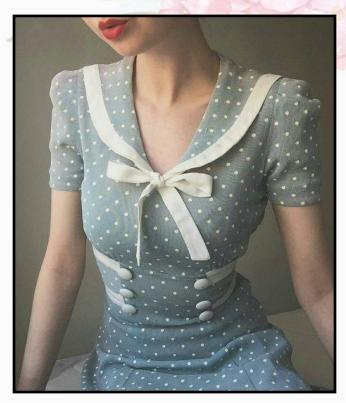
True love wants forgiveness. Fake love wants retaliation.

True love appreciates you for who you are. Fake love wants to change you.

True love wants to resolve conflict. Fake love wants to prove it is right.



A gun in the hand is better than a cop on the phone.



A fit, healthy body is the best fashion statement.

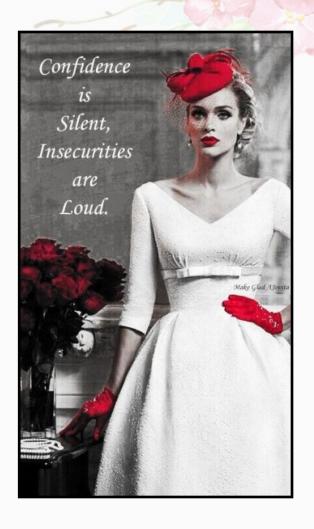
## I'm grateful for...

- ...early wakeups.
  - = Children to love
- ...a house to clean.
  - = Safe place to live
- ...laundry.
  - = Clothes to wear
- ...dishes to wash.
  - = Food to eat
- ...crumbs under the table
  - = Family meals
- ...grocery shopping.
  - = Money to provide for us
- ...toilets to clean.
  - = Indoor plumbing
- ...lots of noise.
  - = People in my life

Grandma survived the great depression because her supply-chain was local.

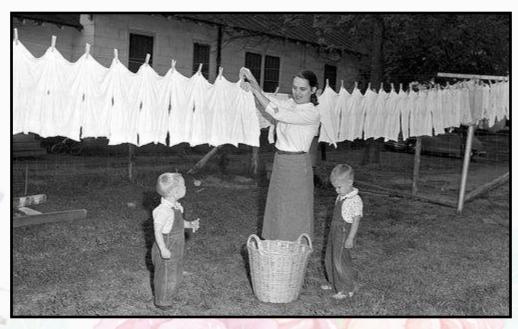


(and she knew how to do stuff)





Stop being degenerate.
Go to church.
Start a family.
Build community.



Enjoy the little things in life, because one day you will look back and realize they were the big things.



Chastity is elegance.

Sexual liberation has defiled and corrupted the natural beauty of the female form.

Because feminists hate women, they often act as frenemies by telling other women to hit their husbands, and then call the cops so they are taken him away. Problem solved, right? If there is a physical altercation, then he has to go because in every situation regardless of specifics, it is always him who has to go. He gets an arrest record which then looks great for the woman in divorce court.



It is amazing to think that people can look at this and see a woman who is being oppressed or held back or otherwise living an inferior life.



No man is as anti-feminist as a feminine woman.

In America, marriage has been eroded to nothing more than a piece of paper. In times past, it was contract, where if one party did not hold up their end of the bargain, they were in breach of that contract, and they left with nothing. It was feminism which rigged the law to reward women for stepping outside the marriage. *No fault divorce* began the destruction of American matrimony. Women could cheat, steal, run away, and they would still leave the marriage with half of the belongings, even if all she did to earn those assets was preventing the couch from striking the ceiling as she watched every episode of *Sex and the City*.

Child support and alimony are another reward which incentives women to leave the marriage. 87% of the time, primary custody is given to the women. 70% of divorces are initiated by women because of the win/win situation they face. Are you going to go through the difficult and time-consuming process of trying to work things out with a husband you cannot stand being around, or are you going to take him to the cleaners and enjoy a carefree life? It is not a hard choice for most women.

And people wonder why male suicide rates are so high.



Feminism vs. Feminine

Central to the traditional idea of a woman is her ability to bear children and form a family. Indeed, but many radical feminists want to make childbearing optional. Thus, they see abortion as a means of *liberation*.

However, even abortion is only one phase in feminism's attack on motherhood. Given that women will give birth by nature, some feminists target even the sublime and intimate bond between mother and child as an 'oppressive' relationship. They view the family as a source of tyranny which commits social crimes against a woman's freedom. In the mind of a feminist, the concept of a family invokes the tyrannical concepts of gender-straitjacketing, racial programming and the instilling traditional bourgeois values.

In short, feminism seeks to destroy families by deceiving women into believing that traditional family roles are oppressive forms of despotism.

If a girl is lucky, she may have twenty fertile years starting at age 18, but during that time feminism tells her to get a degree, move out of her parents' home into a "vibrant" big city, establish a career to keep her skills in high demand, find a man who is both good enough to marry and who makes more money than she does, marry him, buy a home, feel financially secure enough to have a family while making both student loan repayments *and* mortgage payments, and then, and only then, have children.

The true goal of feminism is to rob girls of their beauty and take away the best years of their life so they end up alone and unwanted.



Feminism is designed to destroy society by making women completely undesirable. Do not fall for it - embrace your beauty and femininity.



Feminism is the idea that women are free when they serve their employers but slaves when they serve their husband and children.



Do not marry a man unless you would be proud to have a son exactly like him.

"Reading this made me realize a dark truth about feminism: Feminist targets vulnerable children and teach them to disrespect their spouse when they are older. Disrespecting one's spouse eventually causes that person to hate their spouse. This leads to spike in divorce rates. Next, feminism makes it so these single mothers win custody; however, the child cannot help but become just like the father who the single mother already hates. The single mother then resents her own child for being just like the person she hates. Without the father, and being resented by mother, the child becomes vulnerable. Feminism then targets vulnerable children and teaches them to disrespect their spouse when they are older. *And the cycle continues!*"

We hear all about the *Manchild*, and rightly so, but we never hear about the infantile women out there who are much worse. The painful truth is that most of our society is dysfunctional. This is why the Trad movement needs to grow. We need to make proper God-fearing nuclear families so that the next generation has a fighting chance.

# **DO YOU SEE THIS PIECE OF SHIT?**



That's a single mom.

She looks harmless, doesn't she?

Yet single moms are a crime production facility.

Countless studies have shown that single motherhood ruins children's lives. Single mothers cause disproportionately high crime rates, mental health issues, drug abuse and educational problems.

Single fathers do not have such a negative impact. It's the mothers that become destructive when not supervised by men.

43% of prison inmates grew up in a single-parent household (39% with their mothers, 4% with their fathers, single mothers result in a disproportionately high number of criminals, single fathers do not) (US Bureau of Justice Statistics); 60% of rapists and 72% of adolescent murderers grew up without fathers (Behavioral Sciences and the Law, Life Without Father, Policy Review); 63% of youth suicides are from fatherless homes (US Dept. Of Health/Census); Abusive violence against children appears to be a function of poverty in mother-only homes but unrelated to income among single fathers (Child abuse and violence in single-parent families, Am J Orthopsychiatry); 90% of adolescent repeat arsonists live with only their mother (Dousing the Kindlers, Psychology Today); 85% of all children who show behavior disorders come from fatherless homes (Center for Disease Control); 85% of youths in prisons grew up in a fatherless home (Texas Department of Corrections); Growing up in a female-headed household remained a statistical predictor of behavior problems even after adjusting for differences in family income (Economic Deprivation and Early Childhood Development); 71% of all high school dropouts come from fatherless homes (National Principals Association Report); 75% of all adolescent patients in chemical abuse centers come from fatherless homes.

40% of mothers reported that they had interfered with the non-custodial father's visitation on at least one occasion, to punish the ex-spouse (Frequency of visitation by Divorced Fathers; Differences in Reports by Fathers and Mothers, Am. J. of Orthopsychiatry). Parent Alienation Syndrome (PAS) is a purposeful, intentional attempt by one parent (typically the mother) to ruin the child's feelings for the other parent. Techniques used include false stories, deceptions, rumors, and negative explanations of events. Children brainwashed by single mothers may develop hate towards the father (or even towards men in general) and may suffer from Stockholm Syndrome (SS), a psychological phenomenon in which victims have positive feelings towards their abusers (for example when fatherless children defend and glorify their abusive mothers).

To a girl, a father is her first love. To a boy, a father is his first hero. This is just one of the many reasons why single mothers are the second biggest cause of degeneracy in our society.

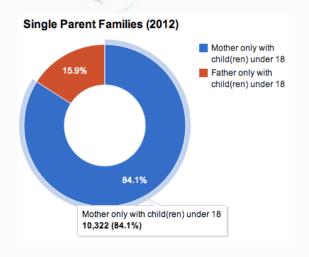
"As part of a traditional family, I was taught was how to keep a garden, preserve food, and to not allow myself to get into any stupid, harmful or dangerous situations with boys.

"Feminists apparently teach these kinds of things to their girls:

As a little girl, I was taught "life skills" like.

- 1. Never let them take you to a second location, they'll kill you
- 2. Act crazy or vomit on them. Men don't like gross girls
- 3. Don't scream "help", people don't care. Scream "fire"

That's part of the reality of being female.





Make enough bad choices and your options become extremely limited.



Nothing is as dangerous to feminism as a traditional woman.



Feminist vs. Feminine

Throughout history, the greatest and most effective method used to destroy Western Man is to turn Western Woman against him. Men are not our enemy - they are our protectors and providers. The very existence of feminism, if it does anything, should be to alert you to the enemy at the gates.

"Every single feminist I know is a single and miserable."



Before saying there are no good men, make sure you are a good woman.



We gave up this for a bigger mortgage, more debt, divorces, 'diversity' and degeneracy.

For centuries men said stay thin, but now that we have feminism, obesity is at an all time high. Men said that they did not care about your degree, and yet feminism has ensured female enrollment has never been higher, along with its crippling levels of debt. Men told you they do not want sluts, and yet feminism caused women to flood to Tinder and its hook-up culture. Men told you to be loyal, and yet feminism has provided women with such a societal advantage that 80% of divorce is filed by women.

Feminism tells us that toxic masculinity is the only problem, but the real problem is feminism, itself. Feminism convinced women that they have no need to submit to their men. It taught them that a woman's independence from him was her greatest strength; however, the reality is quite the opposite. A woman's strength is not her independence; her greatest strength is the bond she shares with her man.

The bond shared by a man and his wife forms the very foundation for civilized society. It is the basis for human advancement. Feminism, on the other hand, is destruction. It serves only to tear down that which was built through the sacrifice and labor of our ancestors.



We need to bring back a sense of shame as a society.

Shame is not always bad.

It can goad us into doing what is right.

It is too late for many of you to be a wife. Sorry, but most of you ladies are simply not worth the risk. Men are going their own way at a shocking rate, and they are going there without you. Our culture gives so many advantages to women that the costs involved by getting entangled with a women now far exceed the benefits. Until women begin to speak up for the legal and social bias against men, it is unlikely that things will get better, and this will leave many of you without men. Until you become willing to give up your privileges, men have no other choice but to walk away and save their resources and lives. Until you realize this and learn that your place is beside your man (rather than over him), those men will be unwilling to support you.

Many men are done with this game. Diamond sales have plummeted 44% in 2018. You will not be able to find a smart man willing to marry or reproduce with you, and all because you selfishly refuse to speak up for the millions of men this system has destroyed for your benefit. As an example of the society that selfish women have created, here is a collection of events, all of which have happened to men at one time or another, and without your support, all of which will continue to happen:

"A man and a woman meet, by chance. He is tall, handsome, muscular, well-dressed, and confident. She is pretty, intelligent, charming, and she gets his jokes. Nature takes its course. About a year later, she decides he is a good catch. Knowing she is not getting any younger, and since he is the best of her available options, she starts to drop hints about marriage. He likes her well enough, but she wants children. He recognizes that his career is not in a place where he can safely provide for both a wife and children, and so he delays the proposal. Fearing that he is getting cold feet, she simply stops taking her birth control pills, without a word to him.

"This is not a crime, because legally he has no right to know. They are her pills, and it is her body. After a couple of attempts which he does not know are attempts, she becomes pregnant. She may have attempted with other men, as well. Let us leave that matter unresolved for the moment. She does not tell him that she is pregnant until she start to show signs of pregnancy. This is also perfectly legal. Once he figures things out, he offers to pay for half of the abortion procedure. She declines to undergo one. This, too, is legal. The law allows her the right to choose and he has no say or any legal rights in the matter.

"He does a little snooping and discovers unused quantities of birth control pills in the bathroom cabinet. Since they come in those neatly dated little wheel-things, he is easily able to deduce the exact day she stopped. He terminates their relationship. She is angry and accuses him of putting her in this delicate situation and then abandoning her to deal with it. He responds by claiming that she placed herself in this situation by refusing to include him in any of her plans. Negotiations deteriorate. He demands a paternity test, not feeling very trusting at this point. She refuses. She can do that. She has the legal right. It is her body. He cannot force her to undergo amniocentesis.

"She gives birth to a daughter. He is named on the birth certificate as the father, simply because his was the name she gave when they asked. He was not even allowed in to say otherwise since it required her permission, which she did not feel like giving. Moreover, nor would he have had any legal right *not* to have his name placed on the birth certificate.

"Understand, they are not married. So, even though she has no legal right to force him into marriage, since his name is on the birth certificate, she legally demands that he provide her with the benefits of marriage anyway—to wit, a large portion of his income in the form of child support. She has the legal right to demand this, and if he refuses, men with guns break into his house, arrest him, and throw him in jail for his crime of failing to pay child support. This is, after all, how warrants are served.

"In court, he demands a paternity test but is denied one. You see, because he offered to pay for an abortion, he *acknowledged the child as his*. Plus, his name is on the birth certificate, which is a legal document useable in court. Lastly, and most important of all, the very court that is ruling on the matter receives a cut of all child support payments. Legally, the money belongs to the child, but the checks come to her, in her name. She can spend the money how ever she likes with no oversight whatsoever.

"At this point, he is still not even sure the child is his. He is in a bad situation, but the story does not end here. The tanking economy causes budget cuts, and he loses his position as an engineer at a major defense contractor. The only thing he can find to replace it is a job selling cell phones in a mall kiosk. This is not, however, grounds for reducing his child support payments. The initial amount was determined by his income at the time, but legally it is a right belonging to the child and determined by the child's need, so his current income is not a factor. He cannot pay anymore and is now viewed by society as a *deadbeat dad*, and his photo is published in the *Crime* section of the local newspaper. It is also published on the web for anyone in the world to see, including potential future employers. His failure to pay tanks his credit rating, too, with all its attendant woes. The economy recovers and he reapplies to his old firm. They want to hire him, but they cannot. With a record of *delinquent child support payments*, he cannot pass the background check and they cannot legally restore his position. Now his career is blighted, too. Many years have passed at this point, and he is in deep trouble: broke, no career prospects, poor credit, spotty criminal record, depressed, and no means or confidence to attract another woman (even if he could ever trust one again). But the story does not end here.

"Desperate, he manages to find a pretext to visit her, and he steals some of the child's hair from a hairbrush in the bathroom. He pays for a lab test out of his meager remaining resources. It turns out the child is not even his. He takes her to court and loses. *Yes, loses,* because he had already been paying child support, which means he is the *publicly acknowledged father*. Y

"Yes, this happens, but let us recap: at no point did the man have any legal power to stop this. At every point along the way, the things the woman did to him were things which she had the legal right to do. She did not have to *get away* with anything in order to reach this outcome. She could write a book about it and create a blog teaching other women to do the same, and nothing would change, *because* it was all legal.

"The only thing protecting most men from this fate is nothing but women's lack of inclination to do this. Feminism has placed men entirely under the power of women. Is it any wonder men are now distrustful and suspicious to the point of paranoia? Is it any wonder that men fear treating women with the respect and dignity they should otherwise receive from them? Treating women badly is now man's only defense against you. The law will not protect them from you. The law is against men, and feminism has made them into the slaves of the woman's whims.

"So, sorry ladies, but most of you are simply not worth the risk. Men are going their own way, and they are going there without you. If you want even the slightest chance at becoming a wife and having a family with him, you had better learn to submit completely to your man, to begin to speak up for his legal rights, and to work to correct the unconscionable social bias against men. You owe this to him, and you owe it to your sons."

The purpose of Feminism was to indoctrinate young girls into hating the things they naturally love to do, like playing house, dressing up, playing with dolls, cooking, and sewing. Feminism teaches women to hate anything feminine. In effect, feminism teaches women to hate themselves.

"Once I realized men and women actually have different values, biologically, life started to make so much more sense. I just like to take care of people and make things pretty, and that is *ok*. Feminists see the world as what they want to see it, as what they wish it could be, but if we really want to make progress as a nation, if we want to finally start being honest, we need to start with accepting reality as it is and always will be: *men are meant to be masculine, and women are meant to be feminine*.

"I think at its core, feminism is about fear. Women are afraid. They are afraid they will try to be feminine and then fail at it. They are afraid to be women. Feminism offers them a way out. As a feminist, she can instead pretend to be a man. Deep down, she knows she can never archive what men can achieve, and this gives her comfort because she has no fear of failing to be a man. Her real fear is failing to be a woman, and that is why she is a feminist.



Feminism: when a woman makes her whole value based on her body, but then resents when you treat her like a piece of meat.



Feminists consider images like this to be threatening.

That should tell you everything you need to know about feminism.

## Life plan of a feminist:

- Step 1: Ride the cock carousel and declare you do not need men because you are a strong independent woman!
- Step 2: Focus on your education and your woman's studies degree while burdening yourself with a crippling amount of student loan debt.
- Step 3: Hit the wall (that point where a girl used to be hot and could leverage that to get what she wanted, but now she is no longer hot, due to advancing age, and can no longer make men do what she wants).
- Step 4: Complain that men are shallow losers who cannot handle a real woman. Wonder where are all the good men went?
- Step 5: Face reality that old sluts are not desirable.
- Step 6: Try to leverage your career, only to discover that your career cannot help you because your brain does not work like a man's brain.
- Step 7: Realize you are still burdened with debt and so you cannot do all of the things you thought a strong independent would should be able to do.
- Step 8: Blame all of your woes on the patriarchy and sexism (rather than the reality of your own bad choices). *Reeeeeeee* as loud as you can and vote for Hillary (even though it is 2020).
- Step 9: Buy a pet, drink excessively, and gain weight.
- Step 10: Die alone.

### Feminine vs. Feminist



Feminism teaches girls that all the traits which make them uniquely women are negatives worth belittling. They teach women that they deserve to be as masculine as men, and through doing so, cause the rejection of the highest calling possible in their lives: the continuation of linage and the creation and maintenance of the family.

Women were the gatekeepers of a functional society. In the west, they had the ability to pick their suitor, and with that, men had a requirement to aspire to the highest version of themselves to attract the best mate. This has been thrown on its head with modern feminism. This becomes obvious when you look at the national statistics: the modern, strong independent woman is absolutely miserable.





**Feminist** 

"I remember this moment specifically: I was never much for dresses, because with my body-type it was hard to find ones that looked nice in my price range. My husband decided he wanted me to be more feminine, so he took me dress-shopping. We found a really nice one, and I looked very good and felt beautiful when I wore it to Church next Sunday. We went out to eat after Church. As we were leaving, my husband went ahead to get our son in the car while I took my daughter to the bathroom. For the first time in...I don't remember...a man who was a stranger saw me exiting through the glass door and hurried forward in order to open it for me and my daughter. I mean, he went out of his way to make sure he could open the door for us. I just remember being completely shocked as I thanked him.

"I mentioned it to my husband and he explained that beautiful women in dresses will garner that kind of response. That moment was the beginning of how my perspective changed on how men respect women: by being feminine, women earns the respect of men. Feminism, on the other hand, teaches women the lie that men ought to respect women simply for being born, no matter how many awful life-choices they have made and no matter how awful they act."

## Degenerate thots vs. Purity and grace



Makeup should be light and only used to enhance our beauty, not to change our appearance entirely.

Keep hair natural.

Clothes should be demure and pretty.

These simple rules will help you attract the right kind of man.

"Feminists scream that 'men are dumb and useless' and that women are 'superior'. It is a lie sold to women starting in school. They target young, inexperienced, beautiful women who have bright futures. Feminists are jealous of them and seek to destroy what they cannot have. Not all, not all, not all, but most women hate each other; feminists are just more deceptive in that they claim to love women while delivering a knife squarely into our backs. They tell us as young women, "You can do anything. You can be as good as men, you can be a firefighter, a high powered executive or anything you want because you are POWERFUL as a working woman!

"This is false. It is the beginning of our enslavement. We graduate, we work and work and work but we never accomplish what men can. Women are not taken seriously in the workplace no matter how high she climbs up the ladder. She is either a cold bitch or a bimbo gossip because women cannot command the same kind of respect that balanced, logical-thinking men generally can. Women bring emotions into the workplace and that immediately disqualifies them from being taken seriously.

"Suddenly, we are 35. There is a very real reality smacking us in the face: *I am no longer in my prime. I am close to losing my fertility. I no longer look as I once did, and I now have to compete with younger, prettier, more fertile women.* All of the men around are settling down with women much younger. If we somehow manage to get lucky enough to find a decent man still willing to take us, then there is a wild scramble for us to have a kid during those last few years of shriveled fertility still remaining to us. It is only then we realize that our once young and beautiful lives have been destroyed by the very same feminism that we had so loyalty stood behind and trusted for our entire lives, and somewhere, there are much uglier women wriggling their hands in feminist glee at our misery and our folly."



Feminine vs. Feminist

## **Feminists:**

"There is a party tonight in a shady part of town with about 50 other people I know nothing about. Lots of low IQ black guys will be there! I'm going to get so drunk I won't even remember what happened!"

\*after missing her period\*

"Omg! I was raped, all men are such pigs #metoo."

Siiiiighhhhhhh... Feminism teaches women to dress like sluts, put themselves into dangerous situations, put themselves completely at the mercy of criminals, and then blame the patriarchy if anything bad happens. Feminism literally destroys women's lives and then blames everything on 'toxic' masculinity.

Feminism conditions us to hate 'the patriarchy'.
But what is more loving than having our man work all day so that we can focus on raising children?

PATRIARCHY!

The Proven Way

To Raise High-Qualit

Children!

Feminism destroys families, and then blames this destruction on the very thing that could cure the problems facing families today.

Men want women, not equals. Feminism gave women the chance to be equal to men, and women have utterly failed at it. Now men break world records in every woman's sport. A man even won 'woman of the year'. Giving women the vote so they could sustain a state of neoteny was an absolute disaster for women.



"Feminists are tricksters who try to make ordinary women just as miserable as they are. Feminism is borne from innate feelings of inferiority, and it always has been. Four different women gave my wife the evil eye today for wearing high heels. All of those women were wearing flip flops and no make-up. *That is feminism in action*. It is the jealousy and hatred that results when an immature woman sees a mature woman standing by her man. She wants exactly what the mature woman has, but knows the only way she can get it is to give up her childish ways...*something she is unwilling to do*. So, rather than changing and becoming a responsible woman herself, she tries to cut down those women around her.

"It is simple: Feminists are jealous of women more charming and more beautiful than themselves. Rather than putting the time and effort into becoming charming and beautiful themselves, they settle on dragging down other women so they can compete with them. Feminism exists because it is easier to drag someone down than to lift yourself up. In this way, feminism is anti-woman. It always has been and always will be. When you explain this to feminists and see that shocked look of recoil, say it again slowly, to drive the point home."



The workforce is empowering only to those who cannot find and keep a good husband.

## "Pretty Privilege," Aging as a Woman and Dating in Your 30s and Beyond

The confusion you feel when being told not to care about your looks, while also being judged solely on your looks 3



Jill Coleman, JillFit









The love I'll never know: With unsparing honesty, one woman lays bare her regret at never having children

By Mandy Appleyard 18:37 EDT 04 May 2011, updated 06:50 EDT 05 May 2011





## The Thirtysomethings: A **Hotbed Of Angst For** Single Women

LEAN LAROCCO × APRIL 6, 2016 SELF IMPROVEMENT NOMANHOOD 31 COMMENTS

Darling,  $\equiv$ 

Why I Never Wanted to Write **About Singleness in** My 30s

Q

## Sex and the City writer Candace Bushnell, 60, admits she regrets choosing a career over having children as she is now 'truly alone'

- Candace Bushnell, 60, says she regrets choosing career over having children
- Sex and the City creator said after not having children she is now 'truly alone'
- The TV series is based on a writer who chooses independence over motherhood

By DAILY MAIL REPORTER

PUBLISHED: 01:24 BST, 29 July 2019 | UPDATED: 15:10 BST, 29 July 2019



















Her best-selling book and the racy TV series it inspired taught a generation of women that they could 'have it all'.

But Sex and the City creator Candace Bushnell, 60, has admitted that she regrets choosing a career over having children as she is now 'truly alone'.

The TV series starred Sarah Jessica Parker as a writer in New York who famously chooses her independence over motherhood.

Miss Bushnell, pictured, divorced her husband - ballet dancer Charles rd - in 2012 and said it



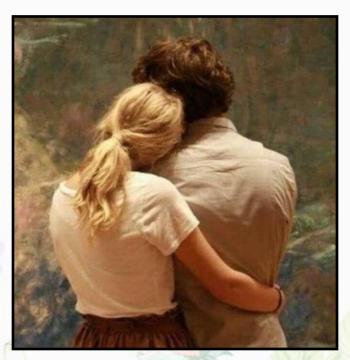
"It has been said that Virgin is the new slut. When I read this, I did not think much of it, but honestly, calling someone a slut today does not even phase people anymore. Some view it almost as a badge of honor because it seems to give them esteem in the eyes of certain men. Being called a *virgin*, on the other hand, seems top be quite embarrassing, whether in a high school setting or later in life. What the hell is happening to our society?

"Currently, it is the good girls who are being teased and shamed for being virgins and goodie goodies. We need praise the good girls and shame the drunken thots. The thots need to be mocked relentlessly for the sake of civilization. After all, shame is the glue that kept the western world from falling apart for 2,000 years.

"Sluts should be treated no different than homeless drug addicts that you take to see your kids to see in hopes it will scare them away from using drugs. 'Look daughter, there is Candace Bushnell.' 'Why is she so sad, Mommy?' 'Well she chose to sleep around and now she is a crude and disgusting human being who will always be single, childless and will die alone."



What girls think men want vs. What men actually want



Feminists say compete with him. God says complete him.

"I find it interesting when I hear 'womyn' bitch about men being jerks. I have never experienced this. When I am around men, I am polite and feminine. I offer iced tea to them if I have it made. I make some if I do not. I show men the respect they deserve for building civilization, and in response, those men treat me with dignity. Men love ladies, they just do not like feminists. If you have ever found yourself complaining about men, maybe the problem is not with them, but with you still wanting to cling to your juvenile attitude. Maybe it is time for you to finally grow up and start acting like a lady?



"I remember looking at the pretty girls that all the guys wanted in high school. They are all gargantuan hambeasts now, staggering around Wal-Mart like wrecked zombies getting beer for their baby-daddies. Apparently, having a bad taste in men does not age well."

They tell us that diversity is our greatest strength, but then feminism tries to turn women into men. How is that diversity? Real diversity is when women act feminine and men act masculine, as nature intended. Our greatest strength is observing traditional gender roles.

Traditional wives are such a wholesome group. The hatred I see directed at us is borne of women who hate themselves and the choices they have made. The only people that make women feel guilty of being a housewife appears to be single women who are forced to work.

"When you ladies talk to someone on the internet, you may not initially know their gender. So all of
the sudden, us men are talking to
women the same way we talk to other men. Women think it is brutal,
and of all the sudden they are afraid
every man they see is a savage who
is going to rape them. Men have
always toned it down around women. You ladies were never supposed
to see that side of us. Women have
soft skin for a reason."





Feminism liberated women from the natural dignity of their sex and turned them into inferior men.

"My dad used to always tell me that a woman does not know her own mind until she is 30, and this is why women are so easily indoctrinated into feminism by their peers, the media and their university professors.



"If I had kids, I couldn't be so spontaneous. I mean, right now I could jump on the next plane to Paris, or kike the Appalachians, or go scuba diving. You can't just pick up and go when you have kids, and I don't like the feeling of being tied down," says any obese feminist as she stuffs her face with more pizza.

"I had a friend who prioritized instant gratification over wise choices. She married a loser who cheated on her (after they had a kid). She got divorced and slept around, making two more kids. Then she met a new guy, had her 4th kid with him. She eventually married him but he cheated on her. Now she is divorced a second time and is a struggling single mother of four (to four different baby-daddies). Thanks to feminism, she believes none of this was her fault, and she wonders where all the good men have gone."



What sitcoms, media, and processors tell you to want vs. What you actually want

## Bond with your family...



...or else feminism will.



Thousands of women have been lured from the home by feminists trying to find their fulfillment in their career outside of the home. They have been deceived to think that childbearing is an inferior task when all along it is the greatest mission given to them.

The New Normal vs. The New Rebel



"Do not have big families! There is no way to give the appropriate attention to 10 kids," says any crazy feminist.

"You need to send your kids to public school" (where there is a 30-to-1 student-to-teacher ratio), says the same crazy feminist.

Yes, feminists really are this stupid.



Not only are bows so feminine and lovely, but they give your husband an opportunity to unwrap a beautiful present.



Alisha R • 4 days ago

Jenny G id love to be a stay at home wife and eventually a mom but here I am working 40+ hours a week stressed out to the max, can't get pregnant because of stress probably and always too tired to do anything. Thank you feminists for making women today overworked, fatherless, and miserable.



Feminism's greatest trick was convincing millions of women that its liberating to work 40 hours a week to enrich men who do not care about them, but it is oppressive to raise your children or cook for man who adores them.

"My wife hates feminists with the burning passion of a thousand suns. That is how I know I have a good wife."



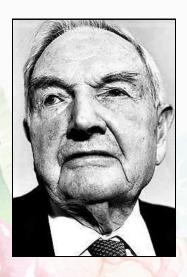
Luxury lies not in richness and ornateness but in the absence of vulgarity.



To a great extent, the level of any civilization is the level of its womanhood. When a man loves a woman, he has to become worthy of her. The higher her virtue, the more her character, the more devoted she is to truth, justice, goodness, the more a man has to aspire to be worthy of her. The history of civilization could actually be written in terms of the level of its women.

The patriarchy is the best thing that ever happened to women, but most women have no understanding of this. Most of them falsely believe the feminist movement was started by women. They also falsely believe the feminist movement in America was started by Americans. Of course, neither of these could be further from the truth. Understanding the origins of Feminism will provide the foundation for realizing why the Feminist movement is nothing more than an attempt to corrupt women by tricking them into destroying the patriarchy which protected them.

"We started and funded the woman's movement so we could tax both sexes. That way we could put women to work and take control over their children." - David Rockefeller



Feminism is so afraid of traditional values that they publish articles claiming that traditional women are sinister far right white supremacist Nazis.

nytimes.com/2018/06/01/opinion/sunday/tradwives-women-alt-right.html?action=click&module=Opinion&pgtype=Homepage

## The New York Times

# The Housewives of White Supremacy

#### By Annie Kelly

Ms. Kelly is a Ph.D. student researching the impact of digital cultures on anti-feminism and the far right.

June 1, 2018



Illustration by Na Kim; photographs by Bluexhand/iStock, via Getty Images and Creative Commons

In a podcast interview posted last spring, Nicole Jorgenson, a singer and former schoolteacher in North Dakota, explains to her host that she has never been happier since marrying and having children. And yet between cute pastoral anecdotes of growing her own vegetables and making banana bread, it soon becomes clear that Ms. Jorgenson is advocating something sinister — not just a return to agrarian motherhood.



Imagine actually believing feminism was an improvement.

"I hate that feminism attacks such a joyous and valuable union between people. Young woman should be encouraged to seek marriage, not 'independence'. A life alone as a working usury slave should never be pushed upon anyone, and certainly not one so special and necessary to civilization as a young mother. Young woman need to be told the truth of traditional values, not feminist lies."



We train our girls by the millions to be anything but successful wives and mothers, lead them to believe they are to be an equal part of a man's world, when the truth is that it is only Nature's world, and man's share in it is no greater or more glorious than woman's share. It is woman's share to produce, bring up and give to society a family of beautiful people.



Women become more unhappy the more they try to liberate themselves.

## **Dating Reality 101:**

Men want female fertility.
Women want male resources.
For women, fertility decreases.
For men, resources increase.
Women are born rich and quickly go broken.
Men are the opposite.
Men age like wine.
Women age like milk.

The biggest lie told to pregnant single women by their friends:

"You won't be doing this alone.
We will be there for you!"

Yet, when the fussy baby is up for the third time in a night, no one is driving over. There is no substitute for husbands and fathers.



Ladies, wake up and mate up. Listen to Mother Nature. She loves you and wants you to be happy. By the time you are 30, 90% of your eggs are dead. Get married young, have babies, THEN you can have your career. You have your whole life to work, but you only have a short time to have children.

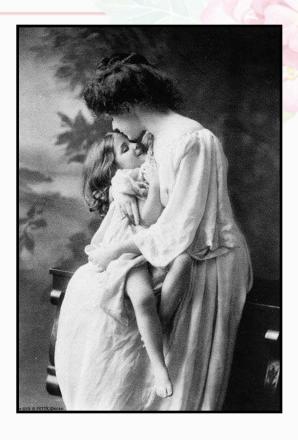
"Feminism denigrates the work a woman does in the home, and it has influenced our society to such an extent that society now speaks poorly of stay-at-home mothers. I remember my cousin introducing my mother by saying she was *just a housewife*. This made me so angry. I respect my mother for everything she has done for me. My cousin's mom was never home and he grew up with a lot of issues from her narcissistic behavior and the resulting divorce of his parents. Now, here he is bad-mouthing my mom for doing what she needed to do to protect me from the same fate."

"You can separate a good man from the others by watching how he treats his property. A good man sees property as something to be earned, often only after the successful accomplishment of a difficult labor. As such, good men highly respect their property, and the effort that went into earning it causes them to view it as a part of themselves. As a result of this, they take every effort to protect their property and to ensure that it is always in good repair. In this sense, they cherish their property, often going out of their way to ensure that it is always a beauty to behold. To a good man, property is a vital part of his life and a treasured part his family. One might even say he loves what is his.

"Having said this, it should seem strange that so many women believe it is somehow wrong to be viewed as the *property* of a good man. Does not such a woman wish to be respected? Does she not want to be valued and cherished by her husband? Does she not desire that her man view her as a beauty to behold? Does she not want to be loved by him and to become a treasured part of his family? These are all free gifts that a good man bestows upon his property. A good man is not only willing, but he is eager to respect, protect, cherish, and treasure his beautiful bride, but feminism has taught her to not only refuse to submit to him, it has tricked her into thinking she should not consider herself to be property at all! As a result, she has removed her man's innate desire to respect, protect, cherish and treasure her."



Feminism destroys women.



Feminists despise women and envy men. It is fascinating how all of these "strong" and "independent" women crumble mentally when encountering actual femininity.

Western civilization was lost when feminism tricked mothers into going to work.

It will only be regained when they decide to come home.

**Enter Feminism:** "Girls are supposed to have fun. You want to have fun and have a good life. Responsibility sucks. Promiscuous sex is fun."

- -Become a thot
- -Go out to bars every weekend
- -Look for men on Tinder
- -Burn coal
- -Put out on the first night
- -Get pregnant and become a single mother.
- -Wonder where all the good men have gone?

**Enter Feminism:** "It's not your fault. You are a strong independent woman and you deserve to have fun. It is completely his fault for abandoning you in your time of need."

- -Trick some beta-male into raising your bastard niglet child.
- -Have him pay for the fun that you deserve.
- -Nag that he does not earn enough for you to have as much fun as you want.
- -Get bored because he now spends so much time at work.
- -Cheat
- -Get caught.
- -Wonder why you married such an asshole.
- -Divorce him and take half of the stuff he worked for.
- -Wonder where all the good men have gone?

**Enter Feminism:** "It's not your fault. You are a strong independent woman and you deserve to have fun. It is completely man's fault for abandoning you in your hour of need. Girls are supposed to have fun."

That peaceful calm over your life when your are not a feminist.





The feminist movement was never about liberating women from the *oppressiveness* of men; it was about liberating women from the *oppressiveness* of responsibility.

It allowed women to shirk their duty of motherhood by promising them a life of everlasting fun. It was a way for women to justify staying childish and careless. It gave them the freedom to cheat on their husbands, to abandon their families, to degrade their bodies, and the right to abstain from any responsibility. Then, it authorized them to demand that men provide them with an endless meal ticket so they would never have to face any negative consequences for the choices they made.

It is extremely difficult to find qualities like modesty in young women today. With smart phones, social media and all of the garbage on TV, women are always sexualizing themselves for validation, and this is the first and most dangerous step toward feminism.

### Four easy steps to becoming a Feminist:

- Rule 1: Naively shrug off all responsibility and pretend all avenues of behavior lead to equally desirable outcomes.
- Rule 2: Pursue only the short-term pleasures received from hedonistic and naïve revelry.
- Rule 3: Spit on tradition as being a tyrannical system intended to harm you rather than being the most time-honored mechanism for building a stable and joyous family-life.
- Rule 4: Do all of this while blaming imagined oppressors and personifications of evil rather than on the fundamental constraints of biology, the human condition, and the compounded negative consequences of your irrevocable past decisions.

"Feminism is dangerous because it feeds off of the weakness inherent in the female mind. Females envy the privileges of being a man, but they are incapable of seeing the burdens. The reality is that men are depended upon far more than they depend on. It means the distribution of burden is disproportionate. The male burden is far greater.

"No woman I have EVER met has wanted to be treated equally compared to men. Feminism has taught women to expect to be treated better than men. Feminists do not want to sign up for selective service, that is for sure. They do not want a place to work side-by-side with the men in mines, either. Come to think of it, I have never seen a female plumber.

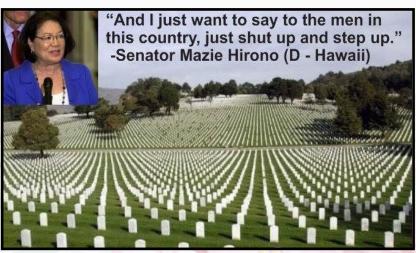
"My Grandfather, (and most men, I think), would rather be a homemaker. He would rather have gotten to be involved in raising and playing with his kids than spending his best years in WW2 and the steel mills. No woman would have traded places with him, either, and certainly not feminists.

"Men have sacrificed and crippled themselves physically and emotionally to feed, house, and protect women and children. None of their pain or achievement is registered in feminist rhetoric, which portrays men as oppressive and callous exploiters."

The hatred which fills the feminist mind blinds them even to the most rudimentary logic:



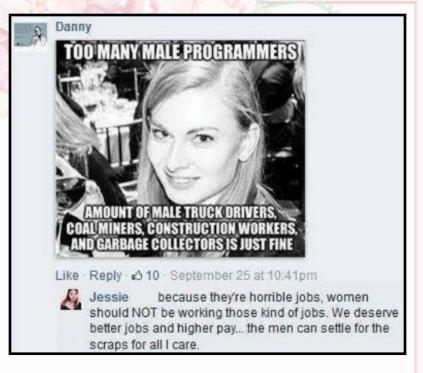




A quick visit to these websites will demonstrate everything you need to know about how the US government views equality between men and women:

> Girlshealth.gov Womenshealth.gov Boyshealth.gov Menshealth.gov

Feminists do not want equality,
They want a double-standard.
They expect women to be treated
better than men simply because
they are women.





Bridge designed by a man and built in the year 104 A.D.

Bridge designed by a feminist and built in the year 2018 A.D.



Six people lost their lives.

## Amber Heard vs. Johnny Depp (female) (male).



When Amber Heard accused Johnny Depp of domestic violence, all she had to do is write an editorial in a newspaper. This resulted in her receiving immense sympathy and extreme anger against him. She became #MeToo ambassador and fetched multiple speaking deals, including by the UN.

But Johnny Depp had to produce 87 surveillance videos, several photographs, 17 depositions and witnesses to prove that it is actually he who was victim and not her. Still, she faces no repercussions and gets to keep per speaking deals and the monetary gains from them.

## Equality.



This is Barbie. Throughout the years, she has been the center of much controversy because feminists claim she represents an unrealistic unhealthy and unfair standard of beauty, leading to a crisis for young girls and their self-esteem.







"So you are telling me under 'traditional gender roles', they got up and went to work every morning and paid for everything, and all we had to do was clean house and screw them?

What the hell were we thinking!?"

"According to feminism, taking care of your husband's needs and trying to make his life comfortable is now considered degrading. I suppose that I should make him do his own laundry, cook his own meals, and ask him to keep house when he gets back from his long workday? This is the equality feminists preach: work all day to provide for me, then take care of me when you get home."



"While shopping at Home Depot this morning, I overheard a mother say to her 2 young daughters, 'Well we have to get one because your dad changed it out for no reason whatsoever.' Obviously mom did not approve of some work dad completed on the house and had to be vocal about it to the girls, thus teaching them that it is perfectly acceptable to disrespect their father.

"Instead of working to become a become a better wife by helping to her husband and showing him respect by praising the sacrifices he makes for the family, this feminist lowers the bar for her daughters. She wants her daughters to be as horrible as she is so she will not look so bad. Feminists destroy the minds of their children for the sake of their own pride. She treats her kids as a commodity to be used, rather than a precious treasure to be cultured."

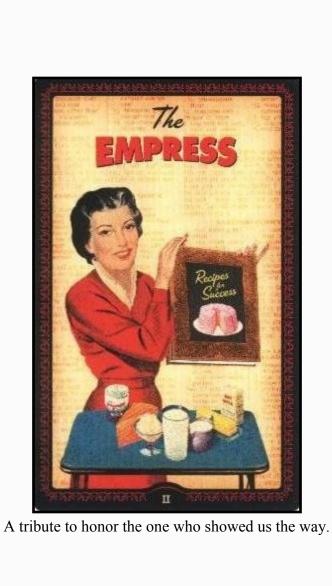


Feminism says a women is not empowered unless she works 12 hours a day and lets strangers take care of her children during her children's formative years.

"I was struggling to help my grandmother put a bed frame together, and I made a comment about how I am totally ok with men doing men-work. Then she told me, 'Those damn feminists ruined everything. They needed to shut their mouths. We had a good thing going and they came along and ruined it.'
"I love my grandma."

Feminism tries to turn women into men, a role they are not well equipped to handle. Trying to be a man is a waste of a woman.





"Here is what I have gained as a result of becoming trad. I have a church community that is extraordinarily welcoming. I have never experienced anything like it. My marriage is revitalized. I love and appreciate my husband and he responds to me in kind. My daughter is happier than she ever was in school. My little family is tight and solid. I have lost two sizes and gained muscle and strength. I enjoy my femininity and am no longer feeling guilty for being a wife and mother instead of having a job. Most importantly, my attitude towards everything in life has changed. I tackle problems with the knowledge that I have the intelligence and fortitude to figure them out. And for the first time in my adult life, I am not depressed!"

"A lot marriages fail because one person just refuses to do anything, and I am not just speaking about men. I know many guys who kept trying but their wives just would not do anything any more. They would not do chores, watch kids, or work. A lot of women act like children and just want to be entertained. They have been deceived by feminism into thinking their husbands should not only work but also do half of everything around the house. I know this because I was an entitled brat for the first year of marriage. I ended up embracing traditional values because we were both so miserable. Turning trad will heal a marriage very quickly. It healed mine."

"Spending more time at home allowed me to see the sacrifices my husband made every day for us. When I realized just how much he cared for us and supported us, and with so little gratitude or respect from me, it shook me to the core. I started making dinner. I started working out and getting fit. I began wearing makeup to go out with him, even to go grocery shopping. I realized that this man whom I had been spurning and underestimating for the bulk of our marriage was still the funny, cool, handsome guy that he was when I met him.

"He noticed these changes I was making and was clearly appreciative. We go on dates, now, and we support each other. I get the pleasure of knowing that he likes showing me off. We have private jokes and intimacy that we have not had in years. I mourn the years I treated him poorly and am working hard to make the rest of our years together just as wonderful as they are now."

"All of you ladies have changed my life. For years I was confused, bombarded with white-hatred, straight-hatred, and feminist propaganda, but then I found Voat, and I found v/traditionalwives. For months now I have been sucking up every article and every meme you post. Through all of you, I have found a new way to live.