



PACIFIC



POST



Arizona - California - Hawaii - Nevada

Who, What, When, Where in the region and beyond

Email me at carl_pard@cox.net or pa_rd@ava.org with questions, news to share, or be added to receive the Post.



IVV 18th Olympiad Special Edition!

Make plans now to attend the 18th IVV Olympiad in San Antonio February 19-26, 2023. Plenty of events for fun fitness and fellowship with walkers from around the world!

- Parade of Flags and Opening Ceremony will be Sunday, February 19.
- Monday - IVV walks/bike events, Add-on option - Downtown Margarita and Taco Trail Walk
- Tuesday and Wednesday - IVV walks/bike/swim events
- Thursday - IVV walks, IVV Closing Ceremony, IML Opening Ceremony,
 - Add-on option - IVV-IML Friendship Celebration
- Friday - AVA General Membership meeting (open to all), IML Friendship walk
- Saturday - IML walks
- Sunday - IML walks, IML Closing Ceremony
- There will be entertainment and socializing provided throughout the week at or near the finish point(s).

REGISTRATION OPEN!



AMERICA'S
WALKING CLUB
— ESTABLISHED 1976 —



Sign up today at <https://ivvolympiad2023.org>
Early Bird pricing will expire September 30, 2022. I encourage you to register as soon as possible. This is the first time an Olympiad

has been held in the United States. Your early registration helps AVA plan the operations, facilities and staffing needed for a world-class Olympiad.

It is different than traditional events in that you buy an event pass for all of the IVV and IML required events instead of paying for each event. You choose which event(s) you want to do each day. For those that collect IVV stamps in your books good news! ALL IVV and IML events are sanctioned by AVA and the passes include IVV credit.

By the way, every day is a *different* walk route only available that day. Distances range from 5-21K. Marathon routes (42K) are only on Wednesday and Saturday.

On the registration page you may choose the Combined pass for seven days of events and entertainment. Or the IVV Olympiad Only for Sunday thru Thursday. Or the IML San Antonio only for Friday thru Saturday and entertainment.



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Olympiad Hotels Link

HOTEL REGISTRATION

The link above will take you to page where you can choose from several hotels and reserve your room for the IVV 18th Olympiad. The La Quinta San Antonio Riverwalk Hotel will be the host hotel for the 2023 IVV Olympiad/IML Texas Trail Roundup Walking Festival. This is where you will pick up your swag bags and passes. It will also be the start point for the events each day. Special AVA rate includes breakfast and discounted parking.

The AVA has negotiated special room blocks and rates at several hotels that are in downtown San Antonio, all within blocks or a couple miles from the host hotel, La Quinta by Wyndham. These hotels have agreed to issue the AVA a rebate on room nights therefore, by staying at one of these hotels you are supporting the AVA!

HOTEL RESERVATION CUT OFF DATE

The guest room block will be held until 1/19/2023 which is 30 days prior to arrival or until such time as the block has been filled. The hotel link above is also accessible at <https://ivvolympiad2023.org>

Olympiad/IML Special Events

You will see these items on registration form not that are not included in pass cost.

MARGARITA AND TACO TRAIL WALK \$18

San Antonio is designated as a UNESCO Creative City of Gastronomy. Our culinary scenes are bursting with savory flavors and frosty cold beverages! This trail will introduce you to some of the finest frosty Margarita and scrumptious Taco places in San Antonio. Drop by participating restaurants, breweries, and shops on the trail, get your book stamped and receive free samples, coupons, and other goodies. All participants who fill up their passport book with stamps will receive a special award.

IVV/IML FRIENDSHIP CELEBRATION \$50

The common purpose of the IVV, IML and AVA is to promote good health and foster international friendships and goodwill. Join us for a fun filled international celebration with music, food, entertainment and friendly people from all over the world! Break out the dancing shoes and let the party begin! Cost of admission includes light hors d'oeuvres, drink ticket and entertainment.

IML Bus Transportation \$10

Note that the 21/42K IML routes on Saturday have a remote start. If you plan on doing one of them, then a small fee to defer the cost of transporting you to start will be charge on registration form. Bus reservations will be based only on those that pre-register for these walks.



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A link appears on the [IVV 2023 Olympiad](#) page that takes you to the official Rodeo site to purchase tickets. For those that are interested you can purchase tickets for any night of the IVV/IML week to attend the San Antonio Stock Show and Rodeo. Each evening of the Rodeo finishes with a live concert from a popular band/performer.

Note the site may not have the 2023 performances listed yet. Keep checking back to see if your favorite performer or group will be there!



IVV-IML



For those wondering about terminology, IVV and IML - our two international walking bodies:

IVV: The INTERNATIONALER VOLKSSPORTVERBAND - or International Federation of Popular Sports - is the governing organization for volkssports, internationally, comprised of 3 geographic regions (Europe, Asia & Americas), 31 national members and 10 countries with single (club) members. The AVA: America's Walking Club and all our clubs are part of the IVV.

The IML Walking Association (known as the International Marching League until 2006) is a non-profit organization which promotes recreational walking in the form of international non-competitive multi-day walking events ("marches") in its member countries. The motto of the organization is Nos iungat ambulare ("May walking bring us together"). There are 29 member nations holding IML events.

We'll have BOTH back-to-back in San Antonio in 2023!

This is the first time in history the Olympiad will be held consecutively with an IML event in the same location.



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Volunteers R Us

This will be an incredible event that will require many volunteers. If you would like to volunteer, please contact Susan Pinneke at nc_rd@ava.org. There is also an option on registration form to volunteer. And a special volunteer link is on the [IVV 2023 Olympiad](#) page.

Like Us on the Olympiad Facebook Page!

Please go to www.facebook.com/2023IVVOlympiadUSA and “like” us! Invite your folksporting friends and fellow club members to like us. Help us build awareness and excitement as we move towards 2023! Look for the latest on the joint Olympiad/IML events and answers to questions you may have.

Upcoming Deadlines

SEP 30 – Early Bird Registration Last day to save!

JAN 19, 2023 – Hotel Room Block holds/special rates end

Feedback

The 2023 Olympiad/IML TTR committee meets monthly. We welcome your concerns, questions, recommendations, and Olympiad stories! If you would like to share with us, you may contact us at olympiad2023@ava.org