



# r/CovidVaccinated

## Posts



Posted by u/Conscious\_Engine3229 3 days ago



62

## Constant Heart palpitations 3 weeks post 1st moderna dose



Moderna

Last night I noticed it felt like my heart was pounding and doing flips, I have a pulse oximeter and my heart rate was only 80 BPM which is what it normally is and I don't feel that way so I'm assuming what I was experience was heart palpitations. I woke up 3 times out of my sleep to my heart pounding and very mild dull chest pains. This shot has really flared up my long covid symptoms big time and I've been having issues ever since I got it. Which really upsets me because I'd rather be fully vaxxed and able to get the booster when it comes time. I have an appointment with my doctor tomorrow about this so hopefully I can figure something out. In the meantime has anyone experience anything similar? Should I be worried and should I be able to get my 2nd dose?



57 Comments



Award



Share



88% Upvoted

Comment as [InfiniteHighlight665](#)

What are your thoughts?



Markdown Mode

Comment

Sort By: Best

[View discussions in 1 other community](#)



AutoModerator MOD 3 days ago · Stickied comment

Reddit is a discussion forum and not a reliable source for medical information. If you are concerned with anything regarding your health, speak to medical professional. Not Redditors.

Read the rules before commenting.

*I am a bot, and this action was performed automatically. Please [contact the moderators of this subreddit](#) if you have any questions or concerns.*



Vote



Reply

Give Award

Share

Report

Save

Follow



I'll let you know that I had a similar reaction to Pfizer in April, I am still feeling palpitations daily, especially when laying down.

The term that I found that best describes it is a "water hammer pulse" it feels like my heart is pumping extra hard even if its not particularly fast.

21 Reply Give Award Share Report Save Follow



Conscious\_Engine3229 **OP** · 3 days ago

Yup exactly what I'm feeling

5 Reply Give Award Share Report Save Follow



MadMohawkMafia · 3 days ago

I would suggest not exercising at all or doing things that would cause your pulse to rise for the near future, and see if it resolves it.

I continued to work out when the symptoms started and I attribute the continued effects at least partially to that.

I did get a EKG, stress-test and wore a holter monitor for 24 hours after seeing a specialist and everything came back without determining any cause.

I've also tried a lot of different supplements over the past 10 months or so and only recently found some help with nattokinase.

3 Reply Give Award Share Report Save Follow



Conscious\_Engine3229 **OP** · 3 days ago

I've done all the supplements and I have kids so unfortunately trying to do the bare minimum isn't possible

2 Reply Give Award Share Report Save Follow



\_Kaznika\_ · 2 days ago

Have you tried Potassium, magnesium, and Sodium? Most people are deficient in at least one.

3 Reply Give Award Share Report Save Follow



CW2050 · 3 days ago

My exact shitty experience following 2nd m.

I take the risk to be labeled antivaxxer here.

Do NOT take the second, chances are you will suffer even more.

I am 6 months into this, my situation is better, but I am not my pre vaxx self.

30 Reply Give Award Share Report Save Follow



liananeu · 3 days ago



going through this.

↑ 18 ↓ Reply Give Award Share Report Save Follow



YeahPete · 3 days ago

Wear a heart monitor, get a D-dimer test. Update us with the results. And report your shit to vaers because your doctor isn't. And for God sakes do not get a 2nd shot.

Bob Saget just ripped after his booster in December. People are dropping like flies.

↑ 19 ↓ Reply Give Award Share Report Save Follow



liananeu · 3 days ago

You know... I wondered about Bob Saget. I thought it to myself and decided that if that was the case they'd never say. Whatever is in the shot seems to be wreaking havoc in some people as they are just dropping dead. And the media remains silent, doctors don't report to Vaers and they keep pushing this shot with no disclosure on side effects. Very scary time.

↑ 17 ↓ Reply Give Award Share Report Save Follow



\_Kaznika\_ · 2 days ago · edited 2 days ago

And they keep pushing for boosters and actually shunning potential treatments. This whole thing stinks big time.

↑ 8 ↓ Reply Give Award Share Report Save Follow



BirdDog321 · 15 hr. ago

Yeah I read thru this list of professional athletes from around the world the other day and it freaked me out.

<https://airtable.com/shrbaT4x8LG8EbvVG/tbl7xKsSUIOPaA7Mx>

↑ 2 ↓ Reply Give Award Share Report Save Follow



Conscious\_Engine3229 OP · 3 days ago

I already had a D-dimer test and it was extremely high this was like 3 days after I got it.

↑ 8 ↓ Reply Give Award Share Report Save Follow



YeahPete · 3 days ago

Yes that means you have a bunch of micro blood clots what did your physician do next?

↑ 6 ↓ Reply Give Award Share Report Save Follow



Conscious\_Engine3229 OP · 3 days ago

They have no fucking clue what to do. I'm only 21 so they wanna act like I'm fine and I'm overreacting it's really annoying. I have an appointment tomorrow for this so we'll see

↑ 12 ↓ Reply Give Award Share Report Save Follow



Don't worry too much. It doesn't mean you're going to be harmed. The body has a natural way of breaking down fibrin (blood clot) with plasmin (enzyme).

Did they put you on a blood thinner?

Also, what was your ng/ml?

7 up 1 down Reply Give Award Share Report Save Follow



\_Kaznika\_ · 2 days ago · edited 2 days ago

Try Nattokinase, it breaks up blood clots

2 up 1 down Reply Give Award Share Report Save Follow



Conscious\_Engine3229 OP · 2 days ago

Can I get it on my own?

1 up 1 down Reply Give Award Share Report Save Follow



\_Kaznika\_ · 2 days ago

It's on Amazon

2 up 1 down Reply Give Award Share Report Save Follow



Conscious\_Engine3229 OP · 2 days ago

Thank you!

1 up 1 down Reply Give Award Share Report Save Follow



LeafsAreCryBabies · 2 days ago

No, d dimer only tests for the protein, not the type of blood clot.

2 up 1 down Reply Give Award Share Report Save Follow



\_Kaznika\_ · 2 days ago

You can't be anti-vaxx if it's not a vaccine. *taps head*

6 up 1 down Reply Give Award Share Report Save Follow



Vitamin\_DzNuts · 2 days ago

When was his booster?!

2 up 1 down Reply Give Award Share Report Save Follow



YeahPete · 2 days ago

Dec 11th. According to his podcast. Which is linked in this article: <https://republicbroadcasting.org/news/bob-saget-dead-weeks-after-taking-covid-boosters/>

1 up 1 down Reply Give Award Share Report Save Follow



18



BiscottiEntire7118 · 3 days ago

Sorry to hear, maybe try magnesium or you could consult with a doctor for a temporary beta-blocker. Doctor should rule out myocardium issue. God bless.

6 ↑ ↓ Reply Give Award Share Report Save Follow



SellRevolutionary210 · 2 days ago

what happened to trusting the science? I suggest you go for a brisk run or maybe a friendly soccer match with your coworkers, cardio is good for the heart.

5 ↑ ↓ Reply Give Award Share Report Save Follow



Conscious\_Engine3229 OP · 2 days ago

I did trust it. Now not so much

11 ↑ ↓ Reply Give Award Share Report Save Follow



SellRevolutionary210 · 2 days ago

Gee, who would've thunk that a profit driven industry run by many corrupt bureaucrats and financiers built atop a scientific subject that has been going through a 20 year-long, well attested [methodological crisis](#) would've rolled a product with dubious effectiveness and many side effects. Don't worry, guy, I'm sure you're just terribly unlucky. We should all get boosted and listen to the EXPERTS as a handful of corporations run what's basically a protection racket against the government. I'm sure we'll have a few years of peace until the next bio-weapon conveniently escapes some other shady lab.

14 ↑ ↓ Reply Give Award Share Report Save Follow