

MEDICAL OPINION

Date : **19 April 2018**
Name : **NICK MAXIMOV**
Age/Gender : **Male**
Specialist : **Dr. Pattara Kosanunt - Spine Specialist**

At Vejthani Hospital, we strive to be the most trusted provider of health care services in Thailand. We thank you for keeping your faith in us for health related issues and for providing the medical information. The information provided here is absolutely invaluable.

Clinical Information:

- Severe neuropathic pain

Physician's Diagnosis:

- Failed back surgery syndrome Status post Spinal Fusion L3 - L5

Specialist's Recommendation:

- According to the given information, the patient underwent spinal fusion L3 - L5. The MRI shows hypersignal intensity at L4 vertebra that we have to rule out spondylitis. He also has L5 - S1 Spondylosis.

Oxiplex is a medical barrier that is used for adhesion prevention. It does not remove adhesion, so it has to be used right after the surgery. The surgery being recommended is as follows:

- **Revision and extension Fusion L3 - S1** procedure is intended to relieve pressure on the spinal cord or on the compressed nerve roots passing through or exiting the spinal column. The procedure would aim to reduce pain, lower extremity weakness, and postoperative adhesion.

O-Arm surgical imaging system is a multi-dimensional surgical imaging platform that is designed for use in spine, orthopedic, and trauma-related surgeries. It provides real-time, intra-operative imaging of a patient's anatomy with high quality images and a large field-of-view in both two and three dimensions.

Benefits of O-Arm Navigator

1. Real time images
2. Improve visualization
3. Complimentary workflow
4. Reduces radiation exposure for patients
5. Improve patient's safety
6. Shorter length stay and faster recovery period

Expected Outcome:

- Relieve spine related symptoms.

The recommendation provided is based solely on the medical report. To further assist our doctor in determining a more accurate treatment plan, a clinical evaluation is strongly advised.

Treatment plan being considered	Estimated Cost
Initial Investigations: <i>includes</i> but is not limited to clinical reviews, physical examination, blood tests, MRI and pre-operative assessment (<i>if indicated</i>)	30,000 THB – 35,000 THB
IMPORTANT: <i>The patient must bring the following when they visit our hospital: Current medications, Medical reports, CD MRI / Film / Results of laboratory exams and imaging studies.</i>	
A. Revision and extension Fusion L3 - S1	A. 790,000 – 810,000 THB Others: Consultation Fee: 1,500 – 2,000 THB per specialist / visit Fit-to-fly assessment and certification: 1,000 THB
Definitive Treatment: Details and cost to be discussed with the specialist after actual assessment.	
Time of Treatment: <ul style="list-style-type: none"> • Duration of Operation : 4 hours • Hospital admission : 1 night in ICU and 3 nights in the ward • Estimated Length of stay in Thailand : 2 weeks 	
Reminders: <ul style="list-style-type: none"> • All patients are encouraged to apply for travel insurance upon coming to Vejthani Hospital. • Relevant consultation(s) with other concerned specialist(s) might be required as necessary. • If admission is advised longer than expected, additional cost incur from 15,000 - 20,000 THB per day. • In case, physiotherapy will be advised, additional cost of 3,000 THB – 4,000 THB per session. 	

Pre-operative Guidelines:

- Physical Preparation: consists of complete medical history and physical exam. Laboratory test, EKG, chest x-ray etc. is done for cardiac and pulmonary clearance.
- NPO (nothing by mouth) or Fasting is required 8 – 12 hours prior to procedure or as prescribed by the specialist.
- Anticoagulant Medication: **Stop** taking all vitamin supplements and medicines that contains aspirins and anticoagulant at least 7 days prior to surgery. (This medication can increase the risk of bleeding)
- Maintenance Medicines for existing medical or metabolic disorders (e.g. hypertension, diabetes, thyroid problems, etc.) should not be discontinued. (We recommend seeing the patient’s doctor for proper advice regarding taking the medications before surgery)
- Smoking and Alcohol intake: If the patient do smoke or drink, we encourage the patient to **stop** 2-3 weeks prior to consultation. Smoking or drinking affects all aspect of the patient’s health and slows down healing process.

Post operative Guidelines:

- The patient is the most important factor in the recovery process; we encourage the patient to follow the doctor’s instruction as advised during discharge and be compliant to follow-up visit as instructed by the physician. Follow up is critical for the success of the patient’s recovery.
- The patient may resume usual activities 1 week post-operatively, however it should be done gradually. Moreover, lifting of heavy objects, running, jogging, swimming, and other strenuous exercises should be avoided for 6 weeks after surgery. Full recovery will depend on the patient’s daily physical activities.
- Patient will have a follow-up appointment 1 week after the surgery or as prescribed by the surgeon.
- If the patient notices any changes or condition worsen, please contact us immediately and/or do not hesitate to ask questions from the physician if there is further concern. It is very important that the patient understand the course of the treatment and the given instruction.

Quoted Detail Includes	Quoted Detail Excludes
<ul style="list-style-type: none"> • Doctor’s Fee and Anesthesiologist Fee • Nursing fee • Operating Room charge • Medications: Routine medication used • Room charge as mentioned • Medical equipment and medical supplies necessary for the procedure. 	<ul style="list-style-type: none"> • Pre-operative evaluation • Additional day stay in the ward or ICU • Home medication • Blood transfusion (<i>if applicable</i>) • Treatment of complications and underlying disease (Diabetes, Hypertension, etc.) • Personal expenses that are not related standard hospital treatment are as follow: <ul style="list-style-type: none"> • telephone calls • soft drink • extra meal • Special nurse, etc.

Payment Method:

- **Cash:** In Thai baht. In case of having other currencies, please check whether it is on our list and use our announced exchange rate.
- **Wire Transfer:** Must be done 5 business days in advance to verify receipt. Please contact your local referral office or the hospital for essential details of wire transfer application.
- **Credit card/Debit Card:** You can pay at the hospital with credit/debit card using any of the following international payment networks VISA, MasterCard, American express, Diner's Club International, JCB and China Union Pay (CUP).

Please note: *If you are having in-patient medical services, full payment based on estimate is required prior to having your medical treatment.*

Non-Accepted Payment method:

- Personal check/Entity check/ traveler's check.
- Non-Thai Debit cards, except the debit card using one of the above system. Please contact your local referral office coordinator or the hospital for more information.

Please refer to us for all future communications. Do not hesitate to contact us if we can be of further assistance.

Warm Regards,



Jeremy Macatangay, RN

Senior Nurse Correspondent – Referral Aviation and Admission Division

Email: inquiry@vejthani.com



Terms and Conditions:

- This information is intended as a guideline based on the past history and **is not guarantee of future cost.** Actual cost will depend on your individual case and the cost of medicine and supplies at the time of service. We will provide you with a better estimate after our specialists have evaluated you.
- **As per hospital's protocol, patient under 20 years old who is subject for surgical treatment must need a consent from his/her parents or immediate family member by providing us a photocopy of passport with signature as a confirmation of the above document is true and correct.**
- If we offer package price for the procedure, it is listed. Hospitals generally offer package prices for patients whose cases are straightforward, not complicated. Packages require that you meet specific criteria. Some doctors may not participate in the package program. If you're not sure whether you qualify for a package price, be sure to ask in advance.
- Please be advised that the given information including the treatment plan and the estimated cost were only based through the reports that were provided for Vejthani Hospital initial/online consultation. **Any information given may or may not be the same with the actual investigation.**
- **Final estimation could not be accurately provided until clinical assessment.** The cost ranges provided are based upon our best understanding of the patient's condition at the time of contact and do not represent a minimum or maximum potential cost.
- The estimate is applicable for elective, uncomplicated patients. Patients with the following conditions are considered to be complex or high risk cases and will not qualify for the estimate: Bleeding Disorders Patients with underlying severe medical problems such as HIV and uncontrolled diabetes.
- Travel costs and hotel accommodation are **not included** in the estimates. The exchange rate will vary and actual cost will be based in Thai Baht.
- *We reserve all rights to any changes without prior notification.*

*****This treatment plan is valid only for 3 months from the date issued*****

Further to our services being offered, we provide assistance in Visa Application and Extension as well as Flight Transfer Services. The guidelines are as follows:

Flight Plan

At Vejthani Hospital, we provide a full range of services to all foreign patients including accommodation and transportation arrangement. It is also our pleasure to assist you with airport pick-up to your hotel of choice as well as transportation to the hospital on your appointment.

Airport Transfer Services by Ambulance/Van

- ❖ Many airlines fly from major destinations to Bangkok Daily. Please note that your arrival destination by air is Suvarnabhumi International Airport or Donmueang International Airport.

******Kindly give us your flight details including arrival date and time Thailand, number of passengers and also drop off, and then we will arrange transportation accordingly. Once our service is arranged, we will get back to you with the initial itinerary*****

Accommodation

- ❖ For your convenience, we have in-house service apartment for the most convenient and safety for the patients and relatives. We also have listed hotel properties that are located near the hospital. The hotels listed are suggested based on your health concerned.
- ❖ Recommended Hotels:
 1. **Al Meroz Hotel** : <http://www.almerozhotel.com/>
 2. **Grand Sukhumvit Hotel** : <http://www.grandsukhumvithotel.com/>
 3. **The Landmark Hotel** : <https://www.landmarkbangkok.com/>
 4. **The Grand Fourwings Convention Hotel** : <http://grandfourwings.com/>
 5. **Holiday Inn Bangkok Sukhumvit** :
<https://www.ihg.com/holidayinn/hotels/us/en/bangkok/bkkhi/hoteldetail>
 6. **Salil Hotel Sukhumvit** : http://www.hotelsalil.com/bangkok/salil-sukhumvit-soi11/?gclid=Cj0KCQiAmITRBRCSARIsAEOZmr6MIWD-rQe66Bj5PeAXAtjX9RrCSqSC1d8a_ccqUXNrBvvrye_Wx4aAg5MEALw_wcB

Contact Details:

Contact person: Flight Coordinator
Location: Referral Aviation and Admission Division, 3rd floor
Office Hours: 8:00 AM – 7:00 PM; 7 days a week
Email: V_referral@vejthani.com
Tel. No.: +662-734-0354
Hotline: +668-813-9990

Visa Application

- ❖ Generally, visa is not required for a foreigner on a tourist visit of less than 30 days. For more information on visa requirements, please enquire on this website www.immigration.go.th and Thai Embassy located in your respective countries. You will be required to obtain a valid visa prior to your visit to Thailand. For more details on the list of countries that require visa, please visit the <http://www.consular.go.th>

Visa Extension

- ❖ We will assist you in extending your visa, if your treatment period takes longer than had been anticipated. We will require the passport of the patient and the accompanying visitors to process the visa extension.
- ❖ Please contact Referral and Aviation Division, 3rd floor in person at least 10 days before the expiration date stated on your visit pass. The visa extension is subject to immigration officer approval and administrative charge may apply.

Contact Details:

Contact person: International Affairs Officer
Location: Referral Aviation and Admission Division, 3rd floor
Office Hours: 8:00 AM – 7:00 PM; 7 days a week
Email: V_referral@vejthani.com
Tel. No.: +662-734-0354

Complimentary Transport Service

At Vejthani Hospital, we offer complimentary pick-up service from Airport to Hospital and your hotel of choice to our hospital on the date your appointment. Our pick-up time is as follows:

- ❖ **6:00 AM – 11:00 PM (Hospital's Van)**
- ❖ **11:00 PM – 6:00 AM (AOT Limousine)**

Contact Details:

Arrival Hall Exit 10
Vejthani Suvarnabhumi Service Counter
Tel. No.: (+66) 2134-6022
Fax no: (+66) 734-0008
Email: sv@vejthani.com