

EYFS Curriculum Overview

Understanding the Early Years Foundation Stage (EYFS)

What is the EYFS?

At our nursery, we follow the Early Years Foundation Stage (EYFS), which is the national curriculum for children from birth to five years old. The EYFS provides the foundation for your child's learning, development and wellbeing, helping them build the skills and confidence they need before starting school.

Children learn best through play, exploration and real-life experiences. Every activity at nursery is carefully planned to encourage children to investigate, discover and develop at their own pace in a safe, nurturing and stimulating environment.

The Seven Areas of Learning

The EYFS is made up of seven areas of learning and development.

Communication and Language

Children develop their speaking, listening and understanding skills through conversations, stories, songs, role play and group activities. We encourage children to express their thoughts, ask questions and build confidence in communicating with others.

Physical Development

Children develop their gross and fine motor skills through climbing, balancing, running, dancing, outdoor play, mark making, cutting, painting and using a variety of tools. We also encourage healthy lifestyles and independence in managing personal care.

Personal, Social and Emotional Development

We help children build confidence, resilience and independence. They learn how to make friends, share, take turns, manage their emotions and develop positive relationships with both adults and other children.

Literacy

Children develop a love of books, stories and rhymes while beginning to recognise sounds, letters and words. They practise early writing skills through drawing, mark making and writing for a purpose.

Mathematics

Mathematics is introduced through everyday play and activities. Children learn about numbers, counting, shapes, patterns, measuring and problem-solving using practical, hands-on experiences.

Understanding the World

Children learn about the people, places and communities around them. They explore nature, technology, different cultures, celebrations and the changing seasons through exciting activities and investigations.

Expressive Arts and Design

Creativity is encouraged through painting, drawing, music, singing, dancing, construction, role play and imaginative play. Children are given opportunities to express themselves and develop their own ideas.

How We Teach

Our experienced practitioners observe children's interests and use these to plan exciting activities that support their

for individual learning and development. We recognise that every child is unique and learns at their own pace.

We encourage children to:

Learn through play and exploration.

Develop independence and confidence.

Build friendships and positive relationships.

Ask questions and solve problems.

Become curious and resilient learners.

Working Together with Parents

Parents are a child's first and most important teachers. We believe that working in partnership with families helps children achieve the best possible outcomes.

We keep parents informed about their child's learning through:

Daily conversations at drop-off and collection.

Learning observations and progress updates.

Parent meetings and consultations.

Special events and stay-and-play sessions.

We also encourage families to continue learning at home by reading together, talking about their day, counting everyday objects, singing songs and encouraging children to explore the world around them.

Our Aim

Our aim is to provide a warm, caring and stimulating environment where every child feels safe, valued and inspired to learn. We want children to leave nursery as happy, confident and independent learners who are well prepared for the exciting transition to school.