



PACIFIC



POST



Arizona - California - Hawaii - Nevada

Who, What, When, Where in the region and beyond

Email me at [carl\\_pard@cox.net](mailto:carl_pard@cox.net) or [pa\\_rd@ava.org](mailto:pa_rd@ava.org) with questions, news to share, or be added to receive the Post.

# LEAVE YOUR FOOTPRINT



EARLY ONLINE GIVING STARTS TODAY!  
[thebiggivesa.org](http://thebiggivesa.org)

I challenge each club officer to find 2 new donors from friends, family or club members. \$5, \$10 or more - it all adds up to support America's Walking Club!

Early online giving for the Big Give 2021 starts today and will run through September 22nd. If you are unable to make a gift on September 23rd, please consider making an online contribution to our annual fundraiser during this time. Your donation of any amount will help increase the accessibility of walking in many more communities and will put us closer to reaching our \$90,000 goal. All online giving will end at 11:59 PM on September 23; however, you may also mail a donation check to the AVA National Office, now through October 31. To make an online donation starting September 16<sup>th</sup> go to:

<https://www.thebiggivesa.org/organizations/american-volkssport-association-inc>

## GIVE DURING THESE TIMES AND DOUBLE YOUR IMPACT!

Donate on September 23 during the Match Minutes below and your donation will be matched dollar for dollar, up to \$100!

### MATCH MINUTES

PACIFIC TIME: 7:15AM, 10:15AM, 12:15PM, 1:15PM, 4:15PM & 9:15PM  
MOUNTAIN TIME: 8:15AM, 11:15AM, 1:15PM 2:15PM, 5:15PM & 10:15PM  
CENTRAL TIME: 9:15AM, 12:15PM, 2:15PM, 3:15PM, 6:15PM & 11:15PM  
EASTERN TIME: 10:15AM, 1:15PM, 3:15PM, 4:15PM, 7:15PM & 12:15AM (SEPT. 24)





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## Walking Stick of Kindness Challenge

The AVA Regions will again compete for this coveted award. The rules are simple: RAISE MORE MONEY than any other region. Last year, the Pacific Region was a generous contender. Can we take the title (and the stick!) this year? Give early, give often. And encourage your family and friends to give, too. It takes a Pacific village to support America's Walking Club!

## Proofread YRE/Seasonal Event Listings

All Pacific region new/renewed events approved. Now is the time to take a breath and go back to check your work. Use the handy **2022 Club Starting Point Report** located on your club home page in my.ava.org. Click the GO button to get your Analysis report PDF with recommended improvements. Cutoff to edit is October 11<sup>th</sup>.

If you are setting up a new OSB event, remember it will not show up on the "public" listing until directions are uploaded and approved. Please be sure you have uploaded directions by November 15<sup>th</sup> to give time for review and revisions if required, prior to new year.

Contact me if you need help with either of these housekeeping tasks.

## OLYMPIAD Volunteers



We are continuing to recruit volunteers for our planning team(s) - with sub-committees being formed now in areas such as large-event planning, logistics, transportation, finance, marketing & publicity, social media, and cultural/language skills. I am the chair of opening/closing ceremonies. While some work can only be done

locally in San Antonio, there are many tasks already being worked on by volunteers all across the AVA through the magic of online/distributed work processes. **If you want to be a part of it, please contact us at [olympiad2023@ava.org](mailto:olympiad2023@ava.org)**

## Pacific Financial Reports and Officer Updates

If your club fiscal year ended on 6-30-21, it is time to file your 990 E-Postcard, Annual Financial Report (AFR). Please submit a copy of your filings to [marian@ava.org](mailto:marian@ava.org).

For all clubs remember to update your club officers on my.ava.org whenever there is a change or verify at least once every 12 months. Log in to manage your club. From your MyAVA Club home page select the **Profile** tab; then select **Mng Contacts** tab and complete as necessary. Also, from the Club home page you can select the **IRS status** tab to see when your last reports were submitted.



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## California Convention!

The CVA convention is Oct 1-3 in Carmichael/Folsom CA. Hosted by Sacramento Waking Sticks. Get all the details at [2021 CVA Convention – California Volkssport Association \(cva4u.org\)](https://www.cva4u.org) See you there!



# HAWAI'I PACIFIC HEALTH GREAT ALOHA RUN

KE KUKINI ME KE ALOHA PAU'OLE

Once again you can participate in the Great Aloha Run (GAR) anywhere February 18-21, 2022! The Menehune Marchers will also be sanctioning a virtual AVA companion walk for IVV credit if you are registered for the 38<sup>th</sup> Annual GAR. Walk, jog, or run 8.15 miles over the four days with your friends and family to support dozens of Hawaii's charities. Click this link to register for GAR or find out more information. Registration includes medal and shirt!

[Hawaii'i Pacific Health Great Aloha Run | Register for Races for Hawaii Charities.](https://www.hawaiiipacifichealth.com/register-for-races-for-hawaii-charities)

IVV credit is a separate registration with the Menehune Marchers. You can email [dcromig@hotmail.com](mailto:dcromig@hotmail.com) to be notified when club registration is open.

## Upcoming Pacific Region Events

(Subject to change)

Start - End Date	Type	Trail Rating	City, State	Name	Club
<b>2021 - September</b>					
18	Walk	1A	San Francisco, CA	Downtown	Bay Bandits Volksmarch Club
<b>2021 - October</b>					
01 - 03	Walk	1B	Folsom, CA	Walking the Johnny Cash Trail	Sacramento Walking Sticks
01 - 03	Walk	1A	Sacramento, CA	Sutter's Landing Park to McKinley Village and Back	Sacramento Walking Sticks
01 - 03	Walk	1A	Folsom, CA	Humbug/Willow Creek	Sacramento Walking Sticks
14	Walk	1A	Beverly Hills, CA	Beverly Hills Walk	International Wanderers
15	Walk	1A	Marina del Rey, CA	Santa Monica End of the Road Walk	International Wanderers
16	Walk	1A	Riverside, CA	Zombie Walk	Low Desert Roadrunners
17	Walk	2A	Templeton, CA	Templeton, California	Central Coast Beach Boardwalkers
30	Walk	1B	Ripon, CA	Spooky Walk	Delta Tule Trekkers
<b>2021 - November</b>					
06	Walk	1B	Alviso, CA	Alviso Town & Salt Flats	South Bay Striders
20	Walk	1A	Tucson, AZ	Michael Perry Park	Tucson Volkssport Klub



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Reminder new events must be sanctioned a minimum of 90 days prior to event. Exceptions are handled on case by case. Less than 60 days before event day are subject to AVA approval and stamp availability. Plan ahead to maximize publicity of your events!

If you have to cancel/reschedule your event, contact me as much in advance of event date as possible with reason. I can revise ESR date if original event date has not passed.

## Upcoming Deadlines

**OCT 11 – Starting Point Deadline** to revise/correct event entries prior to publishing

**OCT 25 – TAW Article Deadline** Send your club articles to [taw@ava.org](mailto:taw@ava.org) for December issue.

**OCT 31 – 3<sup>rd</sup> Quarter Participation Deadline** without late fees.

**NOV 15 – Financial Report/IRS Postcard Deadline** for clubs on JUL-JUN fiscal year

## Feedback

Communication is a two-way street. Contact me with any comments or questions you wish to share. We are in this together, we make it better together and we will succeed together!

Do your part to keep AVA alive!  
Walk-Promote-Donate

Carl