



Dr. Doug Corrigan

Follow @ScienceWDrDoug 56.5K followers



Feb 17 • 28 tweets • 12 min read

Bookmark Save as PDF My Authors

1/ Let's take a look at the coordinated media blitz to explain away and normalize the rapid rise of heart attacks and blood clots. (If someone good at graphics would be willing to make a collage of these and post it in the comments, I would be thankful)

Blood clots: The popular breakfast food that could enhance the risk of blood clotting



Blood clots: Choline may increase the risk of an event (Image: Getty)

2/ news24.com/amp/health24/m...

Death during sex isn't just something that happens to middle-aged men, new study finds

🕒 01 Feb

David C Gaze, University of Westminster

THE CONVERSATION



Death during sex isn't just something that happens to middle-aged men, new study finds | Health24

People sometimes die during or shortly after sex. The incidence is, thankfully, extremely low and accounts for 0.6% of all cases of sudden death.

<https://www.news24.com/amp/health24/medical/heart/death-during-sex-isnt-just-something-that-happens-to-middle-aged-men-n...>

3/ [dailymail.co.uk/news/article-1...](https://www.dailymail.co.uk/news/article-1...)



Now even sticking to medics' alcohol guidelines is bad for your health! Risk of heart problems could be increased even if you drink less than NHS weekly units, study suggests

By Victoria Allen for the Daily Mail

00:05 28 Jan 2022, updated 08:00 28 Jan 2022



Drinking less than NHS alcohol guidelines could increase heart risk

A study of more than 300,000 people found drinking wine appears to slightly reduce the risk of hospitalisation and death from a cardiovascular event such as a heart attack.

<https://www.dailymail.co.uk/news/article-10450185/amp/Drinking-NHS-alcohol-guidelines-increase-risk-heart-problems.html>

4/ thesun.co.uk/health/1686255...



Health > Wellbeing

TIS THE SEASON The ways cold weather can affect your body – from winter vagina to blood clots

Terri-Ann Williams

10:00, 27 Nov 2021



The ways cold weather can affect your body - from winter vagina to blood clots

WINTER is well and truly upon us and many Brits may have noticed the chill as temperatures have plunged this week. Feeling chilly is one obvious way the cold weather can affect your body, but exper...

<https://www.thesun.co.uk/health/16862556/cold-weather-affect-body/amp/>

5/ [indianexpress.com/article/cities...](https://www.indianexpress.com/article/cities...)



Buy BTC and 80+ cryptos
with 0% credit/debit card fees
Get The App
Valid for your first 30 days

Home / Cities / Chandigarh / Harsh winter can increase heart-related complications: Experts warn in new study

Harsh winter can increase heart-related complications: Experts warn in new study

By: **Express News Service** | Chandigarh |

Updated: December 6, 2021 5:04:06 am



Harsh winter can increase heart-related complications: Experts warn in new study

In a health advisory, Dr Arun Kochar, senior consultant of the cardiology department of Fortis Hospital, Mohali, said, "During winters, our heart makes minor adjustments so that normal physiological b...

<https://indianexpress.com/article/cities/chandigarh/harsh-winter-can-increase-heart-related-complications-experts-warn-in-new-s...>

6/ sciencedaily.com/releases/2021/...



Menu ☰

Science News

from research organizations

Extreme heat events jeopardize cardiovascular health, experts warn

Date: November 18, 2021



Extreme heat events jeopardize cardiovascular health, experts warn

A consequence of global warming is a greater frequency and intensity of extreme heat events. This extreme heat is associated with a greater risk of adverse cardiovascular incidents, especially for adu...

<https://www.sciencedaily.com/releases/2021/11/211118061604.htm>

7/ [thetimes.co.uk/article/lonely...](https://www.thetimes.co.uk/article/lonely...)



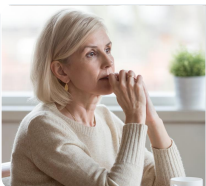
MENU



Loneliness and social isolation can cause chronic stress, which can damage the body's blood vessels

GETTY IMAGES

Lonely older women at greater risk of heart attack, study shows



Lonely older women at greater risk of heart attack, study shows

Older women who are socially isolated or lonely are more likely to develop heart disease, a study has found. Researchers discovered that the risk was between 13

<https://www.thetimes.co.uk/article/lonely-older-women-at-greater-risk-of-heart-attack-study-shows-98wctwllb>

8/ [triathlonmagazine.ca/nutrition/yes-...](https://www.triathlonmagazine.ca/nutrition/yes-...)

Yes, even runners (and triathletes) get heart disease

Lifestyle and lifelong dietary patterns that can save your life



Photo by: Getty Images

KEVIN MACKINNON FEBRUARY 11, 2022



Yes, even runners (and triathletes) get heart disease - Triathlon Magazine Canada

Lifestyle and lifelong dietary patterns that can save your life

<https://triathlonmagazine.ca/nutrition/yes-even-runners-and-triathletes-get-heart-disease/>

9/ [express.co.uk/life-style/hea...](https://www.express.co.uk/life-style/health)

Blood clots: The popular breakfast food that could enhance the risk of blood clotting



Blood clots: Choline may increase the risk of an event (Image: Getty)



<https://www.express.co.uk/life-style/health/1554078/blood-clot-risks-eggs-meats-choline/amp>

10/ healthblog.uofmhealth.org/heart-health/d...



Heart Health

Does an aspirin a day keep heart disease away? It depends

JANE RACEY GLEESON

February 16, 2022 12:56 PM

New guidelines suggest a low-dose aspirin isn't the answer when it comes to preventing a first-time heart attack or stroke.



<https://healthblog.uofmhealth.org/heart-health/does-an-aspirin-a-day-keep-heart-disease-away-it-depends?amp>

11/ [webmd.com/heart-disease/...](https://www.webmd.com/heart-disease/)

Heart Disease > News

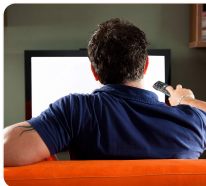
WEBMD NEWS BRIEF

Binge-Watching TV Linked to Higher Blood Clot Risk

By Ralph Ellis



Jan. 21, 2022 -- Here's another reason to avoid a



Binge-Watching TV Linked to Higher Blood Clot Risk

People who sit and watch TV at least 4 hours daily had a 35% higher chance of getting potentially fatal blood clots than people who watch TV for 2½ hours or less daily, a new study says.

<https://www.webmd.com/heart-disease/news/20220121/binge-watching-tv-linked-higher-blood-clot-risk>

12/ whnt.com/news/doctors-s...

Doctors say 'Broken Heart Syndrome' is real, and it can be deadly

Archie Snowden

1 day ago



Doctors say that Broken Heart Syndrome has symptoms that are similar to a heart attack but is brought on by stress and extreme emotions.

ljubaphoto/Getty Images



Doctors say 'Broken Heart Syndrome' is real, and it can be deadly

Doctors say that Broken Heart Syndrome has symptoms that are similar to a heart attack but is brought on by stress and extreme emotions.

<https://whnt.com/news/doctors-say-broken-heart-syndrome-is-real-and-it-can-be-deadly/amp/>

13/ m.economictimes.com/magazines/pana...

From 'Broken Heart Syndrome' to cardiovascular diseases, your heart health needs extra care post-Covid

iStock



<https://m.economictimes.com/magazines/panache/from-broken-heart-syndrome-to-cardiovascular-diseases-your-heart-health-n...>

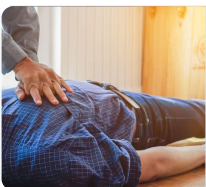
26/ [revyuh.com/news/lifestyle...](https://www.revyuh.com/news/lifestyle...)

New Study Reveals Shocking Benefit of "Heart Attack"

By [Manish Saini](#) - February 16, 2022



New Study Reveals Shocking Benefit of "Heart Attack"



New Study Reveals Shocking Benefit of "Heart Attack" - Revyuh.com

Many studies have previously discovered that the risk of neurovascular problems such as ischemic stroke (clot-causing stroke) or vascular dementia is

<https://www.revyuh.com/news/lifestyle/health-and-fitness/new-study-reveals-shocking-benefit-of-heart-attack/?amp>

27/ [thetimes.co.uk/article/myster...](https://www.thetimes.co.uk/article/myster...)



So-called N-STEMI attacks are up 25 per cent in the west of Scotland
GETTY IMAGES

Mystery rise in heart attacks from blocked arteries

Helen Puttick, Scottish Health Correspondent

Thursday September 30 2021, 12.01am BST, The Times



Mystery rise in heart attacks from blocked arteries

Health experts have been left baffled by a big rise in a common and potentially fatal type of heart attack in the west of Scotland. During the summer there was a 25 per cent rise in the number of peopl...

<https://www.thetimes.co.uk/article/mystery-rise-in-heart-attacks-from-blocked-arteries-m253drrnf>

28/ [walesonline.co.uk/news/uk-news/e...](https://www.walesonline.co.uk/news/uk-news/e...)



Get more of the stories that matter to you.
Check out our email selection >

NEWS IN YOUR AREA WHAT'S ON RUGBY FOOTBALL

Energy bill price rise may cause heart attacks and strokes, says TV GP



There could also be an increase in chest infections, mental health problems and ill-health in children

SHARE     |  22 COMMENTS

By **Neil Shaw**



Energy bill price rise may cause heart attacks and strokes, says TV GP
There could also be an increase in chest infections, mental health problems and ill-health in children
<https://www.walesonline.co.uk/news/uk-news/energy-bill-price-rise-cause-22971008>

29/ [express.co.uk/life-style/hea...](https://www.express.co.uk/life-style/hea...)

Life & Style > Health

Heart attack: Does skipping breakfast increase your risk?



<https://www.express.co.uk/life-style/health/1534959/how-to-live-longer-meals-heart-attack-risk/amp>

30/ amp.cnn.com/cnn/2021/09/07...

Young adult cannabis consumers nearly twice as likely to suffer from a heart attack, research shows

By Megan Marples, CNN

Updated 5:06 PM EDT, Wed September 08, 2021



Young adult cannabis consumers nearly twice as likely to suffer from a heart attack, research shows

Around 1.3% of adults under age 45 who used cannabis within a 30-day period later had a heart attack while only 0.8% of non-cannabis consumers suffered the same fate.

<https://amp.cnn.com/cnn/2021/09/07/health/cannabis-heart-attack-young-adult-study-wellness/index.html>

Somehow when I posted this, posts 14-25 in this thread broke off into a separate post. Search my profile to see 14-25.

31/ healthline.com/health/heart-a...

Heart Attacks: What Does Age Have to Do With It?



Medically reviewed by [Dr. Payal Kohli, M.D., FACC](#) — Written by David Rossiaky on February 9, 2022

[Age and heart health](#) | [Average age](#) | [Younger people](#) | [Symptoms](#) | [Risk factors](#) | [Prevention tips](#) | [Bottom line](#)



Heart Attack Age: Younger People Can Have Heart Attacks, Too

Although you can have a heart attack at any age, your heart attack risk does increase as you get older. But getting older isn't the only risk factor.

<https://www.healthline.com/health/heart-attack/heart-attack-age>

32/ [irishtimes.com/news/health/ph...](https://www.irishtimes.com/news/health/ph...)

Physical activity may increase heart attack risk, study suggests

New findings do not outweigh health benefits of exercise, researchers emphasise

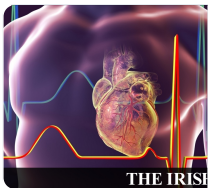
🕒 Mon, Sep 20, 2021, 23:30

Paul Cullen

🔊 LISTEN NOW 2:31



Physical activity may, paradoxically, hasten your risk of a heart attack, a new study suggests. File photograph: Getty Images



Physical activity may increase heart attack risk, study suggests

New findings do not outweigh health benefits of exercise, researchers emphasise

<https://www.irishtimes.com/news/health/physical-activity-may-increase-heart-attack-risk-study-suggests-1.4679205>

33/ [standard.co.uk/news/health/po...](https://www.standard.co.uk/news/health/physical-activity-may-increase-heart-attack-risk-study-suggests-1.4679205)

Up to 300,000 people facing heart-related illnesses due to post-pandemic stress disorder, warn physicians



By Standard News | 14 December 2021



Thousands facing heart problems due to 'post-pandemic stress disorder'

Up to 300,000 people in the UK are facing heart-related illnesses due to post-pandemic stress disorder (PPSD), two London physicians have warned.

<https://www.standard.co.uk/news/health/post-pandemic-stress-disorder-heart-conditions-covid-london-physicians-b969436.html...>

34/ today.com/health/screen-...

HEALTH & WELLNESS

All kids should be screened for possibility of sudden cardiac arrest, group says

The focus tends to be on child athletes getting a sports physical, but all kids and teens can benefit from the screening, doctors say.



— Four questions asked during a routine doctor's visit could save lives, pediatricians say.

NitaYuko / Getty Images stock

June 21, 2021, 7:10 AM EDT / Source: TODAY



All kids should be screened for possibility of sudden cardiac arrest, group says

The focus tends to be on child athletes getting a sports physical, but all kids and teens can benefit from the screening, doctors say.

<https://www.today.com/health/screen-all-kids-possibility-cardiac-arrest-today-t222728>

35/ "rare and mild" —> [cnn.com/2021/06/17/hea...](https://www.cnn.com/2021/06/17/hea...)

⚡ Keep Current with [Dr. Doug Corrigan](#)



Stay in touch and get notified when new unrolls are available from this author!

+ Add to "My Authors"

📖 Read all threads

🚫 This Thread may be Removed Anytime!



Twitter may remove this content at anytime! Save it as PDF for later use!

📄 Save this thread as PDF

pediatrician says

By [Maggie Fox, CNN](#)
Try unrolling a thread yourself!

🕒 Updated 11:03 PM ET Thu June 17, 2021

Tweet your reply

Andrew Chen @andrewchen · Dec 27
12/ One of the best things out of @ericries's Lean Startup is the concept of "vanity metrics" - unimportant, inflated metrics that don't have much to do with business value. But the effects of using them are different when you're a startup versus a big co.

Andrew Chen @andrewchen · Dec 27
13/ For big, established companies, focusing on vanity metrics is silly but not harmful. Everyone's thrown up a huge number to celebrate for an offsite. I get it. But for startups who are pre-product/market fit, it can lead down a path towards

1. Follow [@ThreadReaderApp](#) to mention us!

2. From a Twitter thread mention us with a keyword "unroll"

[@threadreaderapp unroll](#)

[Practice here](#) first or read more on our [help page](#)

More from [@ScienceWDrDoug](#)



Dr. Doug Corrigan

@ScienceWDrDoug

Feb 17

14/ [webmd.com/heart-disease/...](#)

15/ [webmd.com/heart-disease/...](#)

16/ [medicalnewstoday.com/articles/birth...](#)

Read 12 tweets



Dr. Doug Corrigan

@ScienceWDrDoug

Feb 9

1/ Spike protein & *mRNA* persists for up to 2 months post jab in lymph nodes. "The observed extended presence of vaccine mRNA and spike protein in vaccinee LN GCs for up to 2 months after vaccination was in contrast to rare foci of viral spike protein in COVID-19 patient LNs".

2/ Normal mRNA is quite unstable and decays in a cell

Read 17 tweets

<https://www.cnn.com/2021/06/17/health/myocarditis-boys-heart-attack-covid-wellness/index.html>



Dr. Doug Corrigan

@ScienceWDrDoug

Jan 21

1/ Definitely take some time to read this article in Science. It discusses why vaccine side effects aren't being exposed or dealt with properly. We're starting to get "little hints" of transparency, but it's still not close to enough. [science.org/content/artic...](#)



Dr. Doug Corrigan

@ScienceWDrDoug

Jan 7

Repeated mRNA boosters means (at the very least):
1) Repeated surges of circulating Spike protein, which is toxic to heart, brain, and other tissues. 2) Repeated attack of tissues that express Spike protein by the immune system which has been trained against the

🐦 Follow Us on Twitter!

🐦 Tweet

📄 Share

2/"For patients,the silence from NIH was distressing,especially as they struggled to find care elsewhere The scientists "took the data and left us

Read 7 tweets

Twitter might not keep me around much longer, so follow me here --> gettr.com/user/sciencewd...

Read 11 tweets



Dr. Doug Corrigan

@ScienceWDrDoug

Dec 12, 2021

1/ A computer virus with unknown origin has started infecting computers around the world, and spreading itself from computer to computer.

2/ This particular computer virus has the ability to completely shut down a very small percentage of computers; cause other computers to malfunction temporarily; and to keep most computers intact to continue spreading itself.

Read 21 tweets



Dr. Doug Corrigan

@ScienceWDrDoug

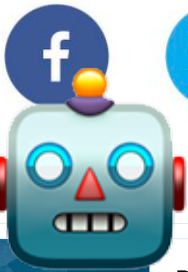
Dec 8, 2021

1/ In vitro experiments show antibodies are 41 times less potent against Omicron than ancestral D614G strain. Virtually a total escape for the vaccinated. Red is people who were only vaccinated. Green is people who had a natural infection first (1 year ago), and then vaccinated.

2/ Those with a previous natural infection from a year

Read 6 tweets

June 22, 2021



Did Thread Reader help you today?

Support us! We are indie developers!



Pradaxa: First Oral Medication by Blood Thinning in Europe Granted FDA Approval
The FDA also developed Remelte oral pellets for the prevention of recurrent clots in patients aged 3 months to less than 12 years of age who have completed treatment for their first venous...

<https://www.premiermed.com/newsroom/first-oral-blood-thinning-drug-approved-for-prevention-of-recurrent-clots-in-patients-aged-3-months-to-less-than-12-years-of-age-who-have-completed-treatment-for-their-first-venous-thromboembolism>

Become a Premium Member (\$3/month or \$30/year) and get exclusive features!

Become Premium

37/ [dailymail.co.uk/femail/article-3711111/Pradaxa-First-Oral-Medication-by-Blood-Thinning-in-Europe-Granted-FDA-Approval.html](https://www.dailymail.co.uk/femail/article-3711111/Pradaxa-First-Oral-Medication-by-Blood-Thinning-in-Europe-Granted-FDA-Approval.html)

Don't want to be a Premium member but still want to support us?

Make a small donation by buying us coffee (\$5) or help with server cost (\$10)

Donate via Paypal

Or Donate anonymously using crypto!

Ethereum

0xfe58350B80634f60Fa6Dc149a72b4DFbc17D341E

copy

Bitcoin

3ATGMxNzCUFzxpMCHL5sWSt4DVtS8UqXpi

copy

Follow Us on Twitter!

Tweet

Share

Fitness-loving nurse reveals she suffered stroke at AGE 29 that left her unable to walk and SPEAK - as she urges others to be wary of warning signs: 'Strokes don't discriminate'

By Erica Tempesta For Dailymail.com

14:06 11 Feb 2022, updated 14:07 11 Feb 2022



Fitness-loving nurse reveals she suffered a stroke at age 29

Jayne Kelly, 31, from Boston, Massachusetts, woke up unable to move her right arm and leg on July 23, 2019.

<https://www.dailymail.co.uk/femail/article-10500189/amp/Fitness-loving-nurse-reveals-suffered-stroke-age-29-left-unable-speak.html>

38/ [prnewswire.com/news-releases/...](https://prnewswire.com/news-releases/)

FDA Approves Two New Indications for XARELTO® (rivaroxaban) to Help Prevent and Treat Blood Clots in Pediatric Patients

XARELTO® is available as both an oral tablet and oral suspension formulation for use in appropriate children less than 18 years of age



FDA Approves Two New Indications for XARELTO® (rivaroxaban) to Help Prevent and Treat Blood Clots in P...
/PRNewswire/ -- The Janssen Pharmaceutical Companies of Johnson & Johnson announced today that the U.S. Food and Drug Administration (FDA) has approved two...

<https://www.prnewswire.com/news-releases/fda-approves-two-new-indications-for-xarelto-rivaroxaban-to-help-prevent-and-treat-bloo...>

39/ today.com/today/amp/rcna...

Stroke may be triggered by anger, upset or intense exercise in the hour before

Anyone can have a stroke at any age with devastating results.



— Strokes are difficult to predict because they happen so suddenly and without warning signs. Terry Vine / Getty Images



Stroke may be triggered by anger, upset or intense exercise in the hour before
Anyone can have a stroke at any age with devastating results.
<https://www.today.com/today/amp/rcna8251>

...

Missing some Tweet in this thread? You can try to [force a refresh](#)

 Tweet  Share  Email